Slide 1

Feminist and Multicultural Perspectives in Working with Survivors of Sexual Assault

Candace Park, M.A., LPC, NCC
Michele Caruso, Ph.D., LPC-S
Stacey Guidry, M.A., LPC-S
Nicholls State University

Slide 2

OVERVIEW

- Rationale
- Feminist & Multicultural Counseling
- Trends on College Campuses
- Post Assault Experience
- Stage Model
- Interventions Through Feminist & Multicultural Lens
- Case Study

Slide 3

RATIONALE

National Intimate Partner and Sexual Violence Survey - 2010
- Nearly 1 in 5 women and 1 in 71 men in the U.S. have been raped at some time in their lives
- 44.9% of women and 22.2% of men experienced sexual violence victimization other than rape at some time in their lives
Slide 4

FEMINIST THEORY – BRIEF HISTORY

- Second Wave
  - Grassroots
  - Late 1960's
- New Approach in Mental Health
  - Eliminated sexism
  - Eliminated misogyny

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FEMINIST THEORY - PRINCIPLES

- Personal and social identities are interdependent
- Personal is Political
- Relationships are egalitarian
  - Including the therapeutic relationship
- Women's perspectives are valued

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MULTICULTURAL COUNSELING

- Life experience, culture, and values are considered
- Intervention and goals consistent with individual's needs
- Cultural context is emphasized in treatment
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MULTICULTURAL COUNSELING - PRINCIPLES

- Cultural references and differences
- Counseling is cross-cultural
- Emphasis on human diversity
- Awareness, knowledge, and skills
- Counselors as globally literate individuals

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SOCIAL JUSTICE

- ALL individuals are entitled to equitable treatment regardless...
- Clients exist in and are perpetually impacted by their social context and environmental systems
- Practitioner identifies and understands multiple injustices as they affect the client as a member of society

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TRENDS

Diversity on Campuses

- Statistics
- Why important
  - Impacts treatment
  - Global perspective
TRENDS

Online Students

TRENDS

Developmentally Typical Risky Behaviors

- CORE results
- Implications

TRENDS

Recognizing Intersectionality

- Race
- Affectional/sexual orientation
- Male survivors
- International students
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**POST-ASSAULT EXPERIENCE**

- Psychological symptoms
- Physical symptoms
- Behavioral response
- PTSD

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**POST-ASSAULT CONSIDERATIONS**

- Nature of the Assault
- Relationship with the Perpetrator
- Medical
- Legal
- History of Victimization
- Cultural Background
- Disclosure

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**EMPOWERMENT FEMINIST THERAPY MODEL**

- Stage 1 - Pre-Rape: Cultural Socialization about Rape
- Stage 2 - The Rape Event
- Stage 3 - Crisis and Disorganization
- Stage 4 - Outward Satisfactory Adjustment and Denial
- Stage 5 - Reliving and Working Through
- Stage 6 - Resolution and Integration
Questions??

CONTACT INFORMATION
Candace Park
Assistant Director of UCC
Director of Crisis Management
Nicholls State University
985-448-4080
Candace.park@nicholls.edu

Questions??