Play Hard, Work Hard: The Importance of Morale

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The Research


What Is Morale?

- Merriam-Webster’s Definition
  - “the mental and emotional condition (as of enthusiasm, confidence, or loyalty) of an individual or group with regard to the function or tasks at hand; a sense of common purpose with respect to a group”

- Barriers
  - Difficult clients
  - Difficult peers
  - Difficult supervisors
  - Difficult work environment

- What are your experiences?
Person-Centered Supervision Model

- Open-Door
- Positive Regard
- Mutual Construction of Knowledge
- Encouragement
- Self-Care

Evans & Hingel, 2015
Application

- How do we see morale in action?
- What works? What does not work?

- Counseling Room
- Agency
- Supervision
- Classroom
Community-Building Activities

LET’S TRY IT!!
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