



LOUISIANA COUNSELING ASSOCIATION

AGLBTIC • LAAOC • LACES • LAMCD
LAMFC • LASERVIC • LCCA • LCDA
LCSJ • LHMCA • LSCA • PLPC

Louisiana Lagniappe

Volume 38 Number 1

LCA is the state branch of the American Counseling Association

Fall 2015



Photo by Joyce Fields

From *Invocation to Time of Reflection*

By: John D. "Jodey" Edwards, Ed.D.,
NCC, LPC-S,
Task Force Committee Member

During the LCA Executive Board meeting in February 2015, concerns related to the religious nature of the invocations at the 2014 annual conference were raised by some members. Based on these concerns and discussions regarding these concerns during the executive board meeting, the question of opening the annual conference with an invocation, which may be in conflict with the LCA's value of embracing multicultural understanding, was considered. As we discussed members' concerns at length, we agreed on the importance, sensitivity, and potential difficulties involved with maintaining this wonderfully diverse organization's integrity. As an organization replete with caring, diverse professional individuals, it is a major part of our task to ensure, to the best of our ability, that we take into account multicultural aspects and inclusivity as well as organizational core values, such as those outlined in the American Counseling Association (ACA) Code of Ethics Preamble (2014), to include, "honoring diversity and embracing a multicultural approach in support of the worth, dignity, potential, and uniqueness of people within their social and cultural contexts," and we are in agreement that our profession continues to embrace spirituality as a universal human capacity and include spirituality in discussions of multicultural considerations (Cashwell & Young, 2011).

Due to the complexity and sensitivity of the issue, the board agreed and commissioned a task force to include, Matthew Lyons, Buddy Ceasar, Iman Nawash, Tim Fields, and myself, in order to consider the issue in more depth and to make recommendations to the board. The task force discussed confusion surrounding the definition of the term *invocation*, the diversity and [\(From Invocation to Time of Reflection, continued on page 2\)](#)

Open Letter from Incoming LCA President

By: Tim Fields

LCA Colleagues and Friends,



I am honored and excited to assume the President's role, a role I take seriously, though with some trepidation after shadowing President Crawford's quiet, strong leadership. I hope to rely on your input, wisdom and guidance in 2015-16, and wish that each of you would strongly consider the importance of your roles helping power this ship of professional caretakers. Since my first days with LCA, I have been impressed and heartened by this impassioned group of bright, elected *volunteers*. Helping to establish parameters of professional practice and expectation is never an easy task, rarely unquestioned or openly appreciated, and yet LCA remains the LPC Board's beacon of required and expected counselor practice in the Pelican State. So, to best meet that considerable charge, please know how essential each of you are cooperating through your respective divisions, through calm and rapid waters as we face the welcomed and unwelcomed challenges of the upcoming year.

So, with great anticipation and pride, I reach out to each of you today – first and foremost, to thank you for your selfless service, your donation of precious time, and the unique contribution of your character and wisdom shaping what LCA is today. Despite dwindling school and parish resources, at best sketchy state leadership and support, through miraculous recoveries (*Executive Director's*) and heart-breaking loss, the spirit and determination of LCA continues to drive its professional counselors and therapists. This continues in no small part due to professionals like each of you. Personally, it is so soul affirming to be bonded to you all,

[\(Open Letter from Incoming President, continued on page 2\)](#)

Professional Development Update

By Joan M. Fischer,
LPC-S LMFT-S NCC



The 2014 conference in New Orleans set another record for attendance; approximately 1008 participants registered. The executive board is looking forward to record-breaking attendance for the 2015 Conference in Baton Rouge, *Interrelationships — The Ties That Bind*.

The Professional Development Committee would like to thank the 58 participants who took the time to make comments on the conference evaluation form. Changes were made by the board based on your feedback. Thanks also to the 49 members who volunteered for this year's conference. The top three presentations selected for "Best in Show" are: Enhancing Self-concept and Self-esteem in Children and Adolescents through the Development of Social Connectedness (Presented by Mark Bourgeois, Savannah Cormier, and Claire Landry), Sandy Hook: Lessons Learned (Presented by Dr. Thomas Fonseca and Kim McDuffie), and It Takes Time: Investing for Positive Change (Presented by Cindy Nardini and Selena Elmore).

The Professional Development Committee developed a rubric to assist in choosing presentations for the 2015 conference. Every attempt is made to assure a blind review of submitted presentations. Of the 109 applications submitted, 79 were approved and 9 mini sessions were approved. The number of applications is a testament to the professionalism of our membership: their interest in professional growth and willingness to share with

(Professional Development, continued on page 3)

Open Letter from Incoming LCA President, continued from page 1

whether I know you well or wish I knew you better; you are the pulse of professional caring in this state.

I look forward to visiting with each of you to discuss any current or anticipated impediments to effective, satisfying progress in your professional work environment, and in your capacity as a contributing member of LCA. If you are or remain fully committed to our process, and would like to discuss ideas or concerns, please notify me by phone or simply respond here at your convenience to arrange a meeting time and place. If our schedules conflict, I plan to make myself available during our September conference for coffee, tea, or a Smoothie.

All the best, and thanks again for your commitment to Louisiana's counseling practitioners!

Tim



Diane Austin and Tim at the Summer Board Meeting

From Invocation to Time of Reflection, continued from page 8

uniqueness of the LCA membership, the importance of maintaining congruence within the LCA organization, and the importance of multicultural sensitivity. The task force was in agreement that there are many different aspects of belief systems, religious views, worldviews, spirituality, and personal value systems represented within our membership, which is held to be a strength of this organization; however, we are also aware that where there is diversity, there can be disagreement and confusion, and as an organization, we must hold to certain value systems that keep us structured and resilient, such as the ACA Code of Ethics as cited above. We also discussed the importance of maintaining and strengthening inclusivity within the organization without compromising the personal values and belief systems of our members.

Taking into account the aforementioned considerations, as well as numerous other variables in which there is not room nor time enough to develop within this brief writing, the task force recommended that in lieu of an *invocation*, we open with a *time of reflection*. The time of reflection will hopefully allow us to nurture the human spirit and allow room for all beliefs, traditions, worldviews, and value systems to be meditated upon at the individual level by each member. It is the task force's hope that opening with a time of reflection will give all members space for personal reflection while upholding the core professional values of the LCA. The consideration and recommendation of change from *invocation* to *time of reflection* was discussed and approved during the past LCA Executive Board meeting on July 11, 2015, and the first *time of reflection* was beautifully conducted by the LCA's current LASERVIC President, Dan Jurek. ✍



LCA Announces Candidates for LCA President 2017-2018

By John R. Crawford, Past President

John R. Crawford, Past President of LCA and Committee Chair of Nominations and Elections has announced the candidates for the 2017-2018 LCA Presidential Election. The election will be held at the 2015 LCA Annual Conference in Baton Rouge at the Renaissance Hotel. If you are not attending the conference, you will be able to vote by mail or email prior to the conference. The ballot and candidate information will be published in this issue of the *Lagniappe*. The candidates running in the 2017-2018 election are: Vinetta Frie, editor of the *Lagniappe* and Brenda Eccles, Past President of LSCA. Please vote in this upcoming LCA President election. 

Professional Development, continued from page 2

their colleagues and contribute to the growth of the profession.

There are many ways in which members can meet continuing education requirements. Most of you are aware of the fact that hours can be earned by attending preapproved events sponsored by LCA, ACA, or NBCC. However, there are also provisions to receive credit from non-preapproved events, coursework, home study, presentations, publishing, research, peer supervision, as well as participation in personal counseling as a client. Each of these has specific guidelines/limits. (If you are interested, go to the board website and open up either the “rules” or “renewal” tab.)

Please register now for the conference, reserve your room, and don’t miss out on a great opportunity to connect, learn, and grow! 



Hints for Advocacy: Licensed Professional Counselors

From a White Paper created by LCA Government Relations

When someone asks you about a movie you saw, how often does the listener want to see the movie? If someone is confused because they have conflicting information about something, how easy is it for you to reassure them that you have the correct information? If you are able to do those things, you already know how to **ADVOCATE!!** So why do we quake in our boots when a Government Relations enthusiast asks us to advocate for counseling/counselors?!

People do well the things they have done before, especially those things they have practiced. The rest of this article are talking points followed by contacts for additional information. This is the first of a series of articles which will help you as a counselor to be able to speak about not only what counselors in your workplace do, but what counseling is. There will be articles on the Comprehensive Counseling Model and ethical obligations for counselors.

Who are Licensed Professional Counselors (LPCs)?

—LPCs establish professional relationships with diverse individuals, families, and groups to empower them to accomplish their mental health, wellness, education, and career goals. (Adapted from American Counseling Association 2010 Definition of Counseling)

—As of February 2015, a total of 2,322 LPCs are licensed in Louisiana. Louisiana also has 704 Counselor Interns working toward licensure. (Their title will change to Provisional Licensed Professional Counselor in May 2015 to more accurately reflect their education and abilities.)

—LPCs hold at least a master’s degree, and their education and training standards for licensure are on par with those of other master’s-level mental health providers (clinical social workers

(Hints for Advocacy, continued on page 4)

Introducing two candidates for LCA President Elect

Meet The Candidates for Office: Brenda Eccles and Vinetta Frie

Submitted by John Crawford

Brenda Eccles, Med

Highest Degree Completed

MEd Leadership in Counseling and School Counseling, ULL

Professional Certifications

Ancillary Certification in Counseling (lifetime); Administration Leadership Skills; Ordained/Licensed Ministerial Studies; Administrative Analyst Skills.



Brenda Eccles

Summary of Work Experience

- ✎ **High School Counselor** since 2005 in the Lafayette Parish School System;
- ✎ **Administrative Analyst**, Amoco Production Company, New Orleans and Aurora, Colorado;
- ✎ **Manager** of \$2.1 million dollar departments for J.C. Penney Company in New York and Louisiana.

Awards & Accomplishments

- ✎ 2012 Counselor of the Year, Lafayette School District
- ✎ 2010-11 President of the Louisiana School Counselor Association
- ✎ Member of Blue Ribbon Committee for State of Louisiana to create role/definition of counselors and curriculum certification for the BESE Board.

Affiliations

- ✎ American Counseling Association, ACA
- ✎ American School Counselor Association, ASCA
- ✎ Louisiana Counseling Association, LCA since 2001
- ✎ Member of several LCA Divisions: LSCA, LASERVIC, LCSJ
- ✎ National Education Association, NEA, since 2001
- ✎ Kiwanis Southwest Lafayette, Past Lt. Governor, Past President and member

(Meet the Candidates, continued on page 5)

and marriage and family therapists). To become a Licensed Professional Counselor in Louisiana, one must:

- Possess a master's degree or doctoral degree in counseling from a university accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) or equivalent
- Complete a minimum of 3,000 hours of post-master's degree supervised clinical experience, performed in no less than two years, as well as periodic completion of continuing education hours following licensure
- Adhere to a strict Code of Ethics and recognized standards of practice as regulated by the LPC Board.

Where do LPCs work?

—LPCs work in community mental health centers, nonprofit agencies, substance abuse and mental health rehabilitation organizations, private practices, public and private schools, managed care organizations, and with active duty military personnel, veterans, and their families.

—LPC care is often covered by managed care organizations and health plans.

How can LPCs help my clients?

—LPCs can assess, diagnose and treat mental and emotional disorders, including addictive disorders, provide psycho-educational techniques aimed at the prevention of such disorders, provide consultation to individuals, couples, families, groups, and organizations, and conduct research into more effective treatments. When working with those with more serious mental illness, LPCs consult and collaborate with a person licensed by the LA State Board of Medical Examiners or a certified Psychiatric Nurse Practitioner. LPCs do not prescribe medication.

(Hints for Advocacy, continued on page 5)

Vinetta Frie, MEd, LPC

Highest Degree Completed

MEd in Counseling, LSU

Professional Certifications

Licensed Professional Counselor, LPC, since 1989



Vinetta Frie

Summary of Work Experience

- ✎ **Assistant Professor**, Liberal Arts Department, Baton Rouge Community College, BRCC Since fall 2011;
- ✎ **Executive Director** of Counseling, Advising, and Disability Services and Testing, for 13 years at BRCC;
- ✎ **Adjunct Faculty Member**, Learning Resource Center, for 2 years at BRCC;
- ✎ **Counselor** in freshman college and then General College, 24 years at LSU including one year as **Exchange Counselor** in Okanagan College in the city of Kelowna, in the province of British Columbia, Canada;

Awards & Accomplishments

- ✎ **Editor** of (and contributor to) the *Louisiana Lagniappe* quarterly newsletter of LCA since 1988.
- ✎ **Editor** of (and contributor to) the *Cajun Counselor*, quarterly newsletter of the Louisiana School Counselor Association, LSCA since 1996.
- ✎ **BRCC Liberal Arts Star**, May 2013
- ✎ **Master Presenter**, National Institute for Staff and Organizational Development, NISOD, May 2011
- ✎ **BRCC Employee of the Month**, November 2011
- ✎ **Outstanding Service Award**, Louisiana Counseling Association, LCA 2000 and 1996
- ✎ Nominated for “Best Newsletter” at American Counselor Association World Conference, 2000
- ✎ Louisiana School Counselor Association’s **Post-Secondary Counselor of the Year** in 1997 and 2006
- ✎ **Louisiana State University Counselor of the Year** 1997

Affiliations

- ✎ American Counselor Association
- ✎ Louisiana Counselor Association, LCA
- ✎ Louisiana School Counselor Association, LSCA

(Conversations with the Candidates starts on page 6)

Louisiana Lagniappe

Hints for Advocacy, continued from page 4

—LPCs are trained to understand and effectively work with a diverse array of client backgrounds and issues. LPCs work from a holistic wellness perspective—instead of an illness-centered approach—building strong counselor-client relationships that help clients identify strengths and empower them to make positive changes.

For more information, contact:

Louisiana Counseling Association

www.lacounseling.org

(318) 861-0657

lca_austin@bellsouth.net

Louisiana LPC Board of Examiners

www.lpcboard.org

(225) 765-2515

lpcboard@eatel.net

LCA Executive Board Meeting Mini-Minutes

By Vickie Thompson, Secretary

The Louisiana Counseling Association Executive Board, representing 1,900 mental health professionals, met at the West Baton Rouge Convention Center in Port Allen on July 11, 2015. These are the highlights of the meeting:

- ✎ Austin White, Business Manager, stated that LCA has completed the 2014-2015 fiscal year **in the black!!**
- ✎ Joan Fischer, Professional Development Committee, presented the Conference Report. She summarized concerns raised at the 2014 conference, including the practice

(Mini-Minutes, continued on page 6)

Mini-Minutes, continued from page 2

of offering prayer at the beginning of the meeting. A committee with input from ACA and other branch associations have recommended changes to address those concerns. For the 2015 conference, 79 sessions were submitted and 21 were rejected. LSCA has again selected a track for school counselors.

- ✎ August 15th is last day for early registration for the LCA Conference 2015 and the deadline for the nominations of Awards.
- ✎ Adrienne Trogden, Public Relations Co-Chair, reported 150 people **created an account** with the app for the LCA Conference Program from last year. She thinks that many more people **used** the app, but we don't have complete data because they did not create an account. We will offer the app again this year and encourage members to create an account.
- ✎ Mary Alice Olson, Executive Director for LPC Board and LPC Board Liaison to LCA, discussed HB381/ Act 23 in effect August 1, 2015, in which "Behavioral Specialists" without a counseling degree and **no qualifications** can be assigned by a Judge for people attending court who need counseling. This is a public protection issue. She asked the board to work close the loophole with a bill for next session. In order to practice mental health counseling, counselors need a license to practice. This Act 23 allows anyone assigned by a judge to practice mental health counsel-

(Mini-Minutes, continued on page 7)

Conversation with the Candidates

Submitted by Diane Austin, Executive Director



Part of the LCA nomination process over the years has been to have the candidates answer the same six questions to provide you, the member, with a strong impression of the candidates vision for our Association. This year is no different! Below you will find the answers supplied by candidates Brenda Eccles and Vinetta Frie.

Tell us why you are a candidate for the LCA Presidency.



ECCLES: My experience in counseling and other leadership roles in various professional organizations has given me the ability to pursue personal growth and challenge opportunities where I can utilize that growth in a profession that I am deeply passionate toward. As an LCA Presidency candidate, I hope to bring innovative opportunities and strategic growth to the organization.



FRIE: In all the years I have served on the LCA Executive Board as newsletter editor, I have represented **you**. I listened and asked questions with you in mind. I created three to four issues each year to explain and keep you informed about our Association and the actions being considered or taken in your name. I have also prodded you to more active participation in our Association and to advocate for yourself and our profession. As president, I would build on that history and strive to represent you much the same way. As counselors, we are well aware of the changing demographics in our country. Large numbers of Baby Boomers approaching retirement age is fueling a shift in our society and all organizations are attempting to adjust. Your leadership is already engaged in strategic planning to prepare for the changes LCA will face as many of our now active members and leaders retire. I think I can help LCA weather this transition. In the role of president, I would like to help recruit the next generation of counselors to become the servant leaders LCA will need to assure the longevity of our beloved Association.

(Conversation with the Candidates, continued on page 12)



Interrelationships — The Ties That Bind



Division Presidents at the July Executive Board Meeting.

L-R, first row: Adrienne Trogden, Tara Washington, Nikolya Sparks (LMHCA President Elect), Rashunda Reed, Dan Jurek
L-R, back row:

Tiffany Cologne, Ramon Lopez, Ken Schmidt.

Not pictured: Stacey Duarte, Lynn Browning, Cindy Escandell, and Louis Lowery

10 Division Presidents Report

Compiled by Vinetta Frie, Lagniappe Editor

You will hear from some outgoing and some incoming Division Presidents in this section. 10 Division Presidents summarize their terms of office or share their hopes for the future. Look for these divisions at the LCA Fall Conference at the Baton Rouge Renaissance!

ALGBTIC-LA: Raising Consciousness Across the State

By: Tiffany Cologne, President

The mission of ALGBTIC-LA includes promoting a greater understanding of lesbian, gay, bisexual, and transgender issues among members of the counseling profession. ALGBTIC-LA has targeted local colleges and universities to bring awareness of these issues to graduate counseling students. Recently, board members of ALGBTIC-LA conducted presentations at Xavier University, Our Lady of Holy Cross College, and Nicholls State University. A variety of topics were discussed including the national ALGBTIC competencies, stereotype awareness, and affirmative approaches when working with clients whom identify as LGBT. ALGBTIC-LA would like to thank the faculty of these colleges and universities for providing us with the opportunity of presenting this valuable information to their counseling students. Also, if you have not already done so, please like ALGBTIC-LA on Facebook by searching ALGBTIC-LA. Our page will give you information on community resources, community events, and will feature relevant articles. Finally, be on the lookout for ALGBTIC-LA's new logo — coming soon!



Mini-Minutes, continued from page 4

ing.

Administrative Council membership was updated to add Tim Fields, and Roman Lopez, President of LCCA. Past President John Crawford, President Elect Iman Nawash, and President Elect-Elect Christine Ebrahim will continue on the Council, under their new transitioned titles. This Council allows LCA to transact immediate business which occurs between the three official meetings of the LCA Executive Board.

The board made a number of decisions which have a financial impact on the association:

1. A NO vote on changing the current logo to match the ACA logo due to budget issues.
2. A NO vote on Credit Card Retention to have automatic pay-

(Mini-Minutes, continued on page 8)



LACES: Changes Underway!

By Stacey Duarte, President

LACES has had an exciting start to 2015! We provided a successful workshop encompassing the 25 hour Supervisor Training and a single day training within that. Current Board Approved Supervisors were able to obtain CEUs to maintain their credential and share their experiences and

(10 Division Presidents Report, continued on page 8)

Public Relations Committee Update



By Erin Dugan and Adrienne Trogden

Hello! Greetings from the Promotions and Publicity Committee! We are excited and energized to see everyone who will attend the LCA Annual Conference! We have been busy working to keep up with the social media in today's fast paced world.

To date we have an outstanding 659 "likes" on our Facebook page... Yay! We are up by 246 "likes" since July 2014. The two ad campaigns we ran were very successful in getting

(PR Update, continued on page 10)

Mini-Minutes, continued from page 7

ments retained on the website. The module is not cost effective since only 30% of LCA members renew online.

3. The board decided to continue participation in Southern Region Leadership as funding was available.

4. The board voted to charge non-LCA members \$15.00 for a certificate for consistency with other CEU providers.

- ☞ The affiliate CIAL was given full division rights.
- ☞ Fifty copies of the LCA Journal will be printed for those who submit articles. LCA will no longer print copies of the Journal for the membership since it is on the website. This was a cost saving measure.

(Mini-Minutes, continued on page 9)

10 Division Presidents Report, continued from page 7

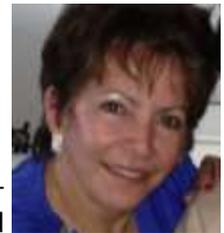
insights with the group of LPCs who were participating in the larger training to obtain the certificate to become a Supervisor. There was a total of 8 presenters to provide a wide array of perspectives and experiences for the participants over the course of the 25 hours. We are happy that a new group of wonderful LPCs will become Board Approved Supervisors and join us in the ongoing nurturing and development of our profession. We hope to make this an annual workshop! There are many new changes to the state laws and the Board's rules and expectations of Supervisees. As Supervisors, it is our duty to assist PLPCs to adjust to the new set of standards they face. Many PLPCs are struggling to incorporate the requirements and will need assistance to develop a process to adhere to them. We have experienced progress with these changes by having a group supervision meeting and working to incorporate all of the new information within a group of their peers.

These changes are occurring around the same time that the DSM 5 is going to be in full effect and so PLPCs are facing two very large systemic changes. They will need training with the new DSM and it is another area to ensure we cover during supervision. Please feel free to contact the LACES Board if we can help in any way!



Summer Networking 2015 & LAMCD

By Dalia Chatelain, LPC, NCSC, LMFT, LAMCD President



This is my first article as president of the Louisiana Association for Multicultural Counseling and Development. I am honored to have been entrusted with this position. I spent much of my summer intentionally seeking new information to help me in this new role. I believe that a multicultural counselor is a lifelong learner! And what we do with that information makes us more effective counselors. As I look back on this summer, I was definitely encouraged by colleagues in the numerous networking meetings I attended in both local and national settings.

Attending conferences and networking connects us to like-minded colleagues who are dedicated, generous with their time and eager to share their knowledge. Intentional practices in professional development, particularly in your area of concentration, requires "DOING." This means you are making it a habit to "DO" and "ACT" towards excellence as a counselor. I attended ASCA 2015 in Phoenix, Arizona last month and searched out breakout sessions that spoke about diversity, multiculturalism, acceptance, and more. I was overjoyed to hear two fabulous keynote speakers at the general sessions that "DO & ACT" within their own profession. I also enjoyed a session on Social Media. I met Mr. Fredi Lajvardi, teacher,

(10 Division Presidents Report, continued on page 9)

whose work in STEM education whose work inspired the movie, "Spare Parts." I personally met him, bought the book and the movie, and took a picture with him. I thanked him for challenging and motivating his classes of disadvantaged Hispanic teenagers. I will share his story with my students to demonstrate the importance of setting GOALS, planning well, then ACTing on them -- it can help their dreams become a reality.

Another inspirational person I met this summer was Dr. Timothy P. Shriver, Chairman of Special Olympics and also a member of the distinguished Kennedy family. He shared the Special Olympics' mission to facilitate respect towards each other regardless of culture and finding positive role models. He focuses on social and emotional learning to "unlock each child's potential" and see their growth.

I will use all I experienced this summer to help motivate me and the work we do as LAMCD members. Please join us any time but particularly at the LAMCD Luncheon 2015, which will be held at the LCA Fall Conference in Baton Rouge. Come network with US! I may be reached: dalia2450@gmail.com. I look forward to meeting all of you and plan for success.



Who is LAMFC and What Do They Want From Me?

By Rashunda Miller Reed, LPC, LMFT, NCC



The Louisiana Association of Marriage and Family Counselors (LAMFC) is comprised of members who practice or have an interest in marriage and family counseling or systemic issues. The 2015-2016 board members include Rashunda Miller Reed, President; Melissa Thomas, President-Elect; Donnie Underwood, Past President. ShaLacey Bertrand is our Graduate Student Nominee. I would like to thank entire 2014-2015 board members for their service and contributions.

We hope to reach out to members with diverse interests. We hope that you will join us in sharing your time, expertise, and feedback. We want you to bring your ideas to the board. Some frequent questions include:

Do I have to be a member of LCA? Yes, you must be a current member of LCA as we are a division within LCA.

Do I have to be a member of LAMFC? Yes, you must be a current member of LAMFC. You are allowed to be a member of as many divisions as you would like. Members at any level (professional, regular, student, and retired) are eligible to serve on the board.
(10 Division President Report, continued on page 10)

Changing of the Guard

By Cindy Nardini,
Past GR Chair



Photo by
Rashunda Reed

When LCA's new year started in July, a new Government Relations Chair joined the ranks on the Executive Board. Mary Feduccia is serving as the Government Relations Chair. She is a past president of LCDA and LCA, and resides in Baton Rouge. Mary joins the group of others who have served in that position and made a commitment to LCA and the clients/students we serve. The group (from the years I can remember) includes Gary Gintner, David Spruill, Pat Thomas, Mike Gootee and myself. I want to say a big THANK YOU to those who served before me and those who will

(Changing, continued on page 10)

Mini-Minutes, continued from page 7

- ☞ The budget of the Public Relations Committee was increased for the cost of ads to increase use of social media.
- ☞ The article submission deadlines for this term's Lagniappe are as follows: July 24, 2015; October 9, 2015; February 26, 2016; April 29, 2016.
- ☞ The next LCA Executive Board Meeting will be February 19, 2016 at 9:30 AM at West Baton Rouge Conference, Port Allen.
- ☞ The Louisiana Counseling Association received the ACA 2015 Branch Award of "Best Leadership Development Project Award" on March 14, 2015 in Orlando, FL for our Leadership Academy. ☞

PR Update, continued from page 8

people to “like” our page – the 1st ad, which ran in July 2014 got us 115 new “likes” and the 2nd ad, which ran in Sept 2014 got us 109 new “likes!” These significant boosts only cost LCA \$100 total – a very good return for our investment ... double yay!! We have received approval from the LCA Executive Board to run another set of ads so you will see our advertising running soon!

On to Twitter... We have 138 followers and we are working hard to “tweet” on a consistent basis. Please feel free to “tweet” us back! We are looking forward to launch our LinkedIn page, so look for that “professional friend request” coming to your emails soon. We will be using Instagram again during the upcoming conference, so if you are available to pose and smile, be sure to stop by. Lastly, LCA’s Social Media cards will be going out in renewal letters to members.

We will host the LCA Conference App once again – it was a huge success for all who used it! Thanks again for your feedback. ☞



What if I don't work with couples or families? You can still join. LAMFC is also for individuals who may be interested in these issues.

Is it possible to serve on the board if I have other obligations? Absolutely. All of the current board members have full-time careers in addition to other obligations.

What are the obligations of serving on the LAMFC board? Your obligations are determined by the position. The positions include President, President-Elect, President-Elect-Elect, Secretary, Treasurer, Graduate Student, and Members-at-Large. Feel free to contact the President at rtmiller_00@yahoo.com or 985-290-9439 for more information on nominating someone or yourself.

What should I do if I am interested in serving on the LAMFC board? Contact the President, Rashunda Miller Reed for more information at rtmiller_00@yahoo.com

What if I am still unsure about LAMFC? You can attend the LAMFC Luncheon to get a sneak peek at our division. This year we are excited to have Calvin Williams, LPC who will talk about “Addictions in the Family”. In addition, visit our webpage at www.lamfc.net or look for us on Facebook.



With Gratefulness

By Dan Jurek, M.Min., M.A., LASERVIC President

I write this article for the newsletter as the shooting tragedy here in Lafayette is unfolding. I have hugged my loved ones more tightly, celebrated moments more sweetly and sought solace in



(10 Division Presidents Report, continued on page 11)

Changing of the Guard, continued from page 9

serve after me. I also want to say a big THANK YOU to all the LCA members who were supportive and encouraging to me during the years I served. It has been a great privilege to work on behalf of our professional association in this capacity. It also has been amazing to see and be a part of the significant changes that have occurred in the arena of government relations/legislative affairs through the years. LCA has grown up and is no longer viewed as an awkward adolescent in this area. Many people have invested their time and energy through the years to accomplish this. LCA is also very fortunate to partner with The Tatman Group to represent us as lobbyists. So let's all congratulate and support Mary in her new role and work to further the advancement of our association and those we advocate for! ☞

prayer. I hope you are well and ask that you keep us in your thoughts.

The purpose of this, my first article as President of the Louisiana Association for Spiritual, Religious, and Ethical Values in Counseling. I am happy to report that things are happening with LASERVIC. Here are just a few. A big thank you to **Jodey Edwards** for serving as President last year! We held an **election** in late spring to make certain that leadership continued in our division. **Tommy Fonseca** is now our President-Elect for the July 1, 2016 term and I am excited to serve again as LASERVIC President for this year beginning July 1, 2015. **My goal this year is to build with strength and focus a dynamic core of leadership for the future of LASERVIC.**

With the help of **Mary Ellen Stegall**, we revised our LASERVIC By Laws, which were ratified and enacted **July 1, 2015**. The purpose of the revision was to **streamline** the Executive Board by reducing the number of elected offices needed each year. **Thank you** Mary Ellen for your guidance, wisdom and efficiency in getting it done. I am also excited to announce that **Mike Ruiz** (2000 LASERVIC President) will be the speaker at our **LASERVIC Luncheon**. **Our luncheon will occur** on Tuesday September 29, 2015 so be sure to **register and attend the luncheon** – we want to see you there!

I need your help! Please get involved with LASERVIC. We need a few more members willing to take on the **mantle of leadership**. I invite you to seriously consider being a part of the Leadership of this great organization. We will be holding an election this fall, so if you are willing to take on some leadership (with a lot of support and help by the way) or know someone who would do a great job, please contact me: dan@paxrenewalcenter.com. I will answer any of your questions and offer you all the information you need to step up and keep this division rolling.

I hope to see you at this year's conference. Please give me the opportunity to meet you as the conference unfolds. I invite you to Tuesday's Luncheon and the Prayer Service on Monday morning. It will be a good opportunity to focus on gratefulness and celebrate the work we do.



The Critical Role of Counseling in Louisiana Higher Education

By Ramon R. Lopez, LPC, LCCA President

As current president of the Louisiana College Counseling Association, I would like to take a moment to commend everyone working in educational settings throughout our state. The work that you do, and extra initiative

(10 Division Presidents Report, continued on page 12)



The LCA won the ACA 2015 Branch Award of "Best Leadership Development Project Award" on March 14, 2015 in Orlando, FL. We were recognized for our Leadership

See you in Baton Rouge for the 2015 Annual LCA Fall Conference?!



Conversation with the Candidates, continued from page 6

Outline your background and the qualifications you bring to this position and LCA as a whole.



FRIE: I have been a long time LCA member, and have been part of several LCA Divisions including LAMCD, LCCA and LSCA; my primary division continues to be LSCA where I also serve as newsletter editor of the *Cajun Counselor* newsletter; I am also a non-voting member of the LSCA Executive Board. I have served on the LCA Executive Board since 1985 as newsletter editor of *Louisiana Lagniappe*. I served as LCA Fall Conference On-Site Conference Chair in Baton Rouge twice. I was part of the first groups of counselors to be licensed in Louisiana; I have been an LPC continuously since 1989. In all those experiences LCA has been my professional home base where I have mentored and been mentored by a host of dynamic and selfless servant leaders, who have encouraged me to run for office for many years. With your vote and active participation in my administration, we can facilitate LCA's longevity.



ECCLES: My background in Plan Development, Counseling, Communication, Program Management, Educational Strategies and Student Development has pulled

(Conversation, continued on page 13)

that you take in providing counseling for a student has a long term impact and I have seen the fruits of your labor when those students graduate and enter their careers. I have had the privilege of working with Louisiana students during the final stages of their educational process during my seven years as an academic and career counselor at Louisiana State University. Going into this 2015-16 school year, remember that what you do not only impacts that student but can create a positive course for all the generations that will come as the result of that student's success. LCCA has continued to advocate for the positive work that you do, and offers an opportunity for those of you interested in higher education to express your views and gain insights into current trends in higher education across the country.



LCSJ: See You at the Fall Conference!

By: Louis Lowrey, LCSJ President



First, a sincere and personal thank you from me for your joining or renewing your membership in LCSJ. We finished the year with a gain in membership! There are plenty of good reasons to be involved in the quest for social and restorative justice in service to our clients and their families. In Louisiana, there are several new laws which are noted in the field.

Some of these have to do with protection of persons who have suffered domestic violence. Others have to do with lessening of draconian penalties for simple possession of marijuana. Throughout our nation, we see elements of the need for pushback from punitive and retributive justice toward more humane treatment of persons, particularly members of ethnic minorities who are subject to over-reach by those in the majority culture.

And, at LCA, we have a wonderful opportunity to hear a leader in the field, Ms. Marjorie Esman, who is serving as Executive Director of the Louisiana American Civil Liberties Union. She will be our summit speaker at the Conference in September, and she is most pleased to be addressing professional counselors. I have known her for a few years, and know of her fine presentations and her commitment to the field. Please plan to attend.

Many times, our clients know what they want for themselves and their families, but they do not know what is available, nor do they know how to access it. That is where you come in!

If you are not already a member of the Counselors for Social Justice, I invite you to join at the modest investment of only \$5 a year. Diane Austin can make that happen, if you will contact her. And, if you are already a member, please reach out to a colleague to invite them to join us as well.

(10 Division Presidents Report continued on page 13)



LMHCA: Preparing for the LCA Conference

By: *Cindy Escandell, PsyD, LPC,
LMHCA President*

The Louisiana Mental Health Counselors Association is busy preparing for the LCA conference in September in Baton Rouge. The Executive Board of LMHCA will be selling our new LMHCA t-shirts and hoodies prior to the LMHCA noon luncheon on September 28. (Thank you to those who have pre-purchased hoodies).

During the luncheon we will have a business meeting where we will elect a President Elect-Elect, present awards, discuss our budget, review the recent LMHCA workshop and vote on the workshop for 2016. We are pleased to announce Dr. Christian Dean, LPC, LMFT as our luncheon speaker. He is an active member of LCA and is a dynamic and engaging communicator. You will want to hear him talk about "Interrelationships of Manipulative Drama."

The Executive Board of LMHCA will also have a business meeting on Sunday, September 27 to discuss the way ahead for our Division. All members of LMHCA are encouraged and invited to attend this open meeting. The room has not yet been assigned. We will publish this information as it becomes available.

Once again LCA is sponsoring a Community Service Project this year at conference. Eden House is a groundbreaking non-profit in New Orleans, Louisiana. They offer long-term housing and services to survivors of human trafficking and commercial sexual exploitation. Founded in 2011, they are the first of its kind in the state of Louisiana. The two-year residential program offers a holistic approach to recovery including outreach, housing, food, mental and physical healthcare, job training, education, legal services, and spiritual support. Eden House empowers survivors to overcome their pasts, while developing substantive skills to move forward in their lives and become self-sufficient, flourishing members of our community. As the second largest Division in LCA, we can make a powerful impact on survivors of human

(10 Division Presidents Report, continued on page 14)

Louisiana Lagnippe

Conversation with the Candidates, continued from page 12

from my experience and career qualifications in administrative management, retail management, banking and finance management and analytical assessment to benefit LCA in areas where those achievements and knowledge can be best served.

Describe your vision for the LCA and its future.



Eccles: My vision is to :

- ☞ Continue to improve and increase professional development opportunities in counseling.
- ☞ To develop and implement an advocacy guide that establishes rules for effective advocacy with legislators for public policies.
- ☞ To partnership with state stakeholders to provide grant scholarships to fund innovative counseling research and community programs.
- ☞ To identify and implement ways to recruit and retain members and make the counseling profession appealing to the next generation.
- ☞ Maximize the use of social media and different networks to join and be a part of LCA by capitalizing on the technology generation.



FRIE: While LCA has had a long and largely successful past, I do not see our future as **guaranteed**. Our survival as an organization depends on attracting counselors and being

relevant to mental health professionals regardless to their work place, who are at all stations in counselor formation from student to retirees. It is our diversity – multiple divisions, work places, stages of employment (intern, agency, private practice, retiree) -- that brings the insight we need to make decisions and represent our members appropriately. Listening to our membership, being responsive to member concerns, keeping the membership informed of the business conducted in their name are central to my vision and

(Conversation with the Candidates, continued on page 14)

10 Division Presidents Report, continued from page 13

trafficking by giving financial support to Eden House. Please consider making a donation to Eden House at the LCA conference.

We look forward to meeting up with old friends and making new friends in September at the Renaissance Hotel in Baton Rouge.



Let's Emerge and Grow!

*By Tara Washington,
LSCA President*



First let me thank all of you who have joined the Louisiana School Counseling Association. As we start a new academic school year, I am feeling a new sense of enthusiasm and hope for our profession – how about you? I am beginning my term as president with an urgency to help counselors emerge and grow. Over the years, LSCA membership has grown and we have developed political partnerships through advocacy and outreach on our own and in partnership with LCA. As I consider our accomplishments, we are in an impressive elite among the majority of the states who are still trying to develop a state comprehensive model and an evaluation tool specifically for counselors. However, this is not the time to sit back and just bask in our accomplishments: there is still a lot of work to be done!

My theme this year is EMERGE: Educate, Empower, Enhance! Let's emerge and grow together! We need to build stronger nurturing relationships within our profession and maintain our connection by being of service to each other. I think I speak for all LCA Division Presidents when I say we need you to become more active in your profession and advocate for all counselors. Developing a stronger networking system is the key to building and maintaining connection for all of us. What's your specialty? Let us hear from you. We need to develop a platform where counselors can connect and share information and ideas.

(10 Division Presidents Report, continued on page 15)

are also critical to our future as an organization.

Explain the specific ways you would promote LCA to the counseling profession.



FRIE: Over the years LCA has tried many ways to promote the counseling profession. We have (and I would continue) reached out to counselor educators and graduate students as they obviously represent our future. We have also tried (and I will continue) to encourage current members to reach out to colleagues who are not yet members. I also support our outreach to LPC groups who meet across the state for professional development and collaboration. However, the real elephant in the room behind this question has always been: How do we attract the LPCs in our state who benefit from LCA's government relations efforts to protect the licensure law which enables them to practice? And how do we reassure school counselors who may be wondering if LCA truly represents their interests? As president, I would like to explore ways to tie continued support of efforts like legislative lobbying to be proportionate to the number of LPCs who **affiliate** with LCA. This change could clearly demonstrate to LPCs that it is in their best interest to join LCA as active members. In a similar way, we must also be more attentive and prompt in our government relations actions to threats to counselors who work in school settings. School counselors still account for the largest block of our membership so it is important to demonstrate our commitment to our long-term partnership.



ECCLES: Networking with professionals in counseling and related professions across the country capitalizing on best strategies that enhance our profession and bringing those ideas to our state.

(Conversation with the Candidates, continued on page 15)

What are your short-, mid-, and long-term plans for LCA?



ECCLES: Short term plans – Research other state counseling association groups to brainstorm best recruiting techniques and tailor those practices to benefit LCA. Bring current issues/events at state and national level and post on LCA website.

Mid term plans – Partnership with various stakeholders to provide innovative counseling research grant funding. Begin developing and implementing an advocacy guide for all counselors that provide rules and guidelines for effective advocacy in public policies and legislation.

Long term plans – Continue to seek professional development opportunities for all counselors to acquire skills and knowledge to ensure personal growth in various work settings. Sponsor an annual legislative day to advocate for public policies and legislative issues relating to the counseling profession. Capitalize on the technology and social media generation to continue LCA growth in the future.



FRIE: The strength of our Association is our strategic planning and continuity of leadership. If elected, I would continue effective practices from previous administrations.

An example would be the connections we have built with other helping professions. My short term goals, which I would work on as LCA President Elect, will include improving our membership application. I would like to gather more demographic information about our members and their concerns. This information would enhance the development of programs and incentives to offer to members for consideration. A mid-term goal I would like to pursue especially during my formation period would be to identify members who are interested in taking a more

(Conversation with the Candidates, continued on page 16)

10 Division Presidents Report, continued from page 14

We need to showcase what we specialize in to help each other emerge and grow. LSCA has many opportunities for service. Please consider joining LSCA and becoming involved.



Counselor Intern Association is Now Provisional Licensed Counselor Association

By Kenneth Schmitt, PLCA President



This past May, the LPC Board of Louisiana changed the title Counselor Intern to Provisional Licensed Professional Counselor. With this change, the Counselor Intern Association of LA is changing its name to the Provisional Licensed Counselor Association. PLCA is also now an official division of LCA, after three years as an organizational affiliate. PLCA is the third largest division in LCA, and we continue to grow.

PLCA wants to continue to serve its members and be an advocate for the new counselor professional. One of PLCA’s missions is to continue to link PLPC’s with supervisors for supervision and inform them both of any updated changes from the LPC Board of Louisiana in regards to the supervision requirements.

PLCA also will continue to offer assistance with employment opportunities that are PLPC friendly, create self-care events for our members and be a voice for all PLPC’s across the state.

Whether you are a new professional or a seasoned counselor, please join the PLCA board at our board meeting at the LCA Conference this September and discover this exciting new division of LCA. ✎

2015-16 LCA Committee Chairs



Louisiana Lagniappe

Conversation with the Candidates, continued from page 15

active role in LCA and particularly in my administration. As president, I would have the same long-term goal as I have pursued as your newsletter editor: to promote counseling in Louisiana and our Association, to highlight the achievements of our membership, and to strengthen the collegial bonds between all of us.

What initiatives will you undertake to educate the public about the services of LCA?



Eccles: I would...

Increase visibility and public speaking at statewide functions; i.e. legislative events, military functions, city council assemblies, seminars, community centers, billboards to focus public attention on the counseling profession benefits to the public.

Continue collaboration with the Dept. of Education and the Board of Regency at the state level to advocate professional counseling curriculum in all postsecondary institutions in Louisiana.

Be in the forefront in time of emergencies, disasters in times of need with a first responder team ready at all times.



FRIE: Again, as an association, we have worked long and hard on initiatives to better inform and educate the public. As I consider what I might do differently to help further this endeavor, I would like to have additional voices "at the table." At Baton Rouge Community College, we have used advisory boards to help us increase participation and improve decisions we make. I would work to increase diversity in our Executive Board counselors from across the state, at different points in

(Conversation with Candidates, continued on page 17)

Governmental Relations

By Mary Feduccia, GR Chair



A huge debt of gratitude is due to Cindy Nardini for her years of leadership as LCA's Governmental Relations Chair. She worked tirelessly with lobbyist David Tatman, the LCA membership, organizations that share common interests and concerns (LACSW, LAMFT, and LPA), and legislators from every section of the state to influence the bills that affect our profession.

The Government Relations' End of Year Report was presented at the LCA board meeting on July 11, 2015. The report was written by Cindy Nardini and highlights the efforts and achievements of this past year.

Highlights of the GR Committee since Feb. 2015:

Art Therapy Task Force

As we suspected, the Art Therapists introduced legislation this session. However, it was not in the form of a practice act, but rather a House Concurrent Resolution (HCR 56) which called for the continuation of the task force to study the issue. We were opposed to this. HCR 56 was voluntarily deferred by Rep. Bishop and never rescheduled.

Rule Promulgation for Act 434 of 2014

There were extensive rule changes/additions necessary with the passage of Act 434 – title change from Counselor Intern to Provisional LPC, etc. The LPC Board submitted the Rules to the LA Register in April for final review. LCA was included in the process. The process was completed successfully and the changes became law on the first of May.

Mental Health Legislative Forum

The 2nd Annual Mental Health Legislative Forum was held in Baton Rouge on April 17th. LCA co-hosted with LPA. The overall attendance and number of mental health provider associations participating was an increase from last year. Participants

(Governmental Relations, continued on page 17)

their careers, from a variety of work sites. Three years from now, **if you trust me with your vote**, who knows what threats and opportunities will present themselves to us in a state where we will have a new governor, president and clients! As your president and throughout the LCA formation procedure, structure I pledge to spend as much time as possible in conversations with you, the membership! I promise to follow your direction to prepare for a presidency that will make you even prouder of your affiliation with LCA. ✂

reported that the forum was very helpful, both in gaining an understanding of legislation filed for the 2015 Legislative Session and developing relationships with the leadership of the other associations.

[White Paper](#)

The GR Committee developed a white paper that describes who LPCs are and what they can do. This is ready to be professionally printed and used to educate agency directors, department heads, human resource directors, legislators, etc. about LPCs in a unified and succinct manner.

[2015 Regular Session of the Louisiana Legislature](#)

In comparison to the last few sessions, this one was relatively light for LCA. Hopefully our membership noticed the Legislative Updates from the Tatman Group. This session the updates started before the session and included an educational component. Please see the Final Report from the Tatman Group as to the bills that LCA tracked and their outcomes.

[Working with other Mental Health Provider Associations](#)

An ongoing initiative for LCA has been to improve the working relationship with our fellow mental health provider associations. In the area of Government Relations, we have made this a priority. This is not always an area where specific evidence of progress can be shown because the progress is usually in a relationship between individuals in leadership positions. As LCA's GR Chair, I am happy to report that there have been ground-breaking strides over the past few years! Mike Gootee, previous GR Chair, set the precedent by forming a friendly and helpful relationship with Carmen Weisner, Executive Director of NASW-LA. Mike introduced the two of us and that relationship has continued. LCA currently



Transitional Board Meeting



Thanks, Joyce, for taking so many great photos!



July 2015



Louisiana Lagniappe

Volunteer Powered Success!

By Matthew Lyons, Ph.D., Strategic Planning Chair



Leadership is the capacity to translate vision into reality.

— Warren Bennis

Last night I got off of an airplane at JFK airport and headed out to the taxi stand. I dropped into the back of a taxi and said to the driver “Roosevelt Hotel please.” I realized in that moment, I knew exactly where I wanted to go but had no idea how to get there. I needed someone else, someone with expertise that I did not have to assist me.

The Louisiana Counseling Association has a clear strategic plan that guides us as we support and advance the counseling profession in Louisiana. We have a vision and know where we want to go. The challenge is getting there. Organizations like ours depend on the commitment of volunteers. Our volunteers are the experts and only through your efforts will vision become reality.

As our annual conference nears, I hope you will make every effort to join us, connect with the various divisions and committees, and share your expertise. Together we can continue to advance our work in Louisiana. ✂

Government Relations Report, continued from page 15

has a very healthy relationship with LAMFT, LPA, and LACSW.

I will serve as the new Governmental Relations chair for LCA and I look forward to your continued involvement and active support as we continue to work hard to have our voices heard on the critically important issues that impact our clients and our profession as a whole. Please contact me at mary@careerworks360.com if you are interested in representing your area of the state with our legislators or if you have particular interests or concerns that need to be addressed. ✂

Fall 2015

LCA Mail-In Ballot



Cast one vote by using this ballot by mail, e-mail, OR in person at the Annual Fall Conference, **but not under multiple venues.**

FOR PRESIDENT-ELECT ...

See pages 3, 4, and 6 for more information about both candidates.

CHOOSE ONE OF 3 WAYS TO VOTE...

| Mark one | Candidates |
|--------------------------|-------------------------|
| <input type="checkbox"/> | Brenda Eccles, Med. |
| <input type="checkbox"/> | Vinetta Frie, Med., LPC |

1. Print this page of the newsletter and mark the ballot. Mail it to John Crawford **by September 15** at 103 Maureen Street, Alexandria, LA 71303. **OR**
2. Use the ballot included in Diane Austin’s blast e-mail by double clicking John’s mail address on the ballot. **OR**
3. Vote in person at the LCA Annual Fall Conference at the Renaissance Hotel beginning September 20.

Late ballots will be disqualified.

Why Indicate Your Primary Division?



When you register for the Fall Conference, be sure to indicate your primary division. When you do, your registration will increase the rebate that division receives from the profit earned from the conference!! If you do NOT indicate your primary division, your money goes into a pool which is evenly divided between all **12 divisions!** Increasing the conference rebate for your division allows your group a benefit **without** having to increase your membership dues — a win-win. Don’t forget to indicate your **primary division!** ✂

Conference Exhibitors

Submitted by Diane Austin, Executive Director

Conference exhibits are a feature of our annual conference. This year will be no exception. If you would like to find out something about them before the conference, you may visit their websites:



[ITI Technical College](#)

[Louisiana LPC PAC Auction](#)

[Louisiana Youth Challenge Program](#)

[MARCO Products](#)

[National Center for Youth Issues](#)

[Silpada Designs \(jewelry\)](#)

[Singular By Design \(Original jewelry\)](#)

[St. Elizabeth Foundation](#)



[Universal Technical Institute](#)

[Woodlake Addiction Recovery Center](#)

2015 - 2016 LCA Leadership Roster

LCA Elected or Appointed Officers and Contract Workers

| | | | |
|--|---|--|--|
| <p style="text-align: center;">Tim Fields, <i>President</i> tfield1@lsu.edu</p> | <p style="text-align: center;">Christine Ebrahim <i>President Elect-Elect</i> ChristineEbrahim@counselone.org</p> | <p style="text-align: center;">Bruce Galbraith, <i>Parliamentarian</i> gotoschoolman@yahoo.com</p> | <p style="text-align: center;">Diane Austin, <i>Executive Director</i> lca_austin@bellsouth.net</p> |
| <p style="text-align: center;">Dr. Iman Nawash, <i>President Elect</i> iman97@aol.com</p> | <p style="text-align: center;">John Crawford <i>Past President & Nominations Chair</i> JOHN615549@aol.com</p> | <p style="text-align: center;">Vickie Thompson <i>Secretary</i> vsthompson@suddenlink.net</p> | <p style="text-align: center;">Austin White, <i>Business Manager</i> aus-tin@northdeltamanagement.com</p> |

LCA Division Presidents

| | | | |
|---|---|---|---|
| <p style="text-align: center;">ALGBTIC-LA Tiffany Cologne, Assoc. of Lesbian, Gay, & Transgender Issues in Counseling of LA tcologne@cox.net</p> | <p style="text-align: center;">LAAOC Adrienne Trogden, LA Assoc. of Addiction and Offender Counselors atrog2@uno.edu</p> | <p style="text-align: center;">LACES Stacey Duarte, LA Assoc. of Counselor Educators and Supervisors staceyduarte@yahoo.com</p> | <p style="text-align: center;">LAMCD Dalia Chatelain LA Assoc. for Multicultural Counseling and Development dalia2450@gmail.com</p> |
| <p style="text-align: center;">LAMFC Rashunda Reed, LA Association of Marriage and Family Counselors rtmiller00@yahoo.com</p> | <p style="text-align: center;">LASERVIC Dan Jurek LA Assoc. for Spiritual, Religious & Ethical Values in Counseling djurek@me.com</p> | <p style="text-align: center;">LCCA Ramon Lopez LA College Counseling Association rlopez1@lsu.edu</p> | <p style="text-align: center;">LCDA Lynn Browning LA Career Development Association lynn.browning@lolcollege.edu</p> |
| <p style="text-align: center;">LCSJ Louis Lowrey LA Counselors for Social Justice lowrey@cp-tel.net</p> | <p style="text-align: center;">LMHCA Cindy Escandell LA Mental Health Counselors Association cindy@escandell.com</p> | <p style="text-align: center;">LSCA Tara Washington LA School Counselor Association twashington97@ebrpss.k12.la.us</p> | <p style="text-align: center;">PLCA Kenneth Schmitt Provisional Licensed Counselor Association kjschmitt@gmail.com</p> |

Appointed Committee Chairs and Co-Chairs

| | | | |
|---|---|---|--|
| <p style="text-align: center;">ADA Compliance Joan Gallagher jgallag@lsu.edu</p> | <p style="text-align: center;">Archives: Joyce Frieles jwakef@lsu.edu</p> | <p style="text-align: center;">Awards: Dr. Jodey Edwards jodey1@msn.com</p> | <p style="text-align: center;">By-Laws: Eric Odom ericodom1@hotmail.com</p> |
| <p style="text-align: center;">Conference On-Site Chair Dr. Iman Nawash iman97@aol.com</p> | <p style="text-align: center;">Finance: Dr. Iman Nawash iman97@aol.com</p> | <p style="text-align: center;">Government Relations Dr. Mary Feduccia mfeducc@lsu.edu</p> | <p style="text-align: center;">Graduate Student Rep. Kerri Spears kerriterrell@yahoo.com</p> |
| <p style="text-align: center;">LPC Board Liaison Mary Alice Olsan lpboard@eatel.net</p> | <p style="text-align: center;">LCA Journal: Peter Emerson, Co-Editor pemerson@selu.edu</p> <p style="text-align: center;">Meredith Nelson, Co-Editor Meredith.Nelson@lsus.edu</p> | | <p style="text-align: center;">LCA Newsletter: Vinetta Frie, Editor frienews@yahoo.com</p> |
| <p style="text-align: center;">Strategic Planning: Matt Lyon mlyons@uno.edu</p> | <p style="text-align: center;">Professional Development, Joan Fischer jfischer@olhcc.edu</p> <p style="text-align: center;">Public Relations Co-Chairs:</p> | | <p style="text-align: center;">Membership: Christine Ebrahim ChristineEbrahim@counselone.org</p> |
| <p style="text-align: center;">Erin Dugan eemartin1@yahoo.com</p> | | <p style="text-align: center;">Adrienne Trogden atrog2@uno.edu</p> | |

Louisiana Lagniappe



*L to R: Austin White, Business Manager, Diane Austin, Executive Director, Tim Fields, President, and John Crawford, Past President at the transitional board meeting summer 2015
Photo by Joyce Fields, Archives Chair*

LCA Member Services: 1-888-522-6362

LCA Website: www.lacounseling.org

NEWSLETTER CORRECTION

Please contact Vinetta Frie, Editor via frienews@yahoo.com. Please use **Lagniappe Error** in the subject line.

LAGNIAPPE TEAM

Your newsletter is the result of the following team: [Vinetta Frie](#), Editor; [Diane Austin](#), Contributing Editor; [Vicki Guilbeau](#), proofreader; [Joyce Fields](#), photographer and Archives Chair.

SUBMISSIONS

Send all submissions to newsletter editor, Vinetta Frie via her e-mail address: frienews@yahoo.com. To assure a speedy response, please include the words: **Lagniappe Article**, in the subject line. Electronic submission of photographs via e-mail as a .jpeg file is preferred. Submission of hard copy photos or on disk or flash drives become the property of the newsletter and will not be returned.

NEWSLETTER 2015-2016

NEXT SUBMISSION DEADLINE:

October 9, 2015



With Heartfelt Thoughts and Prayers

Get Well Wishes go to former LCA President Bruce Galbraith, who is recuperating from knee surgery.

We need your help to acknowledge any member's serious illness, grieving, or recent death. Please contact either Vinetta Frie, frienews@yahoo.com or Diane Austin lca_austin@bellsouth.net. The information you provide will be shared here with our Association. Thank you, in advance.