



LOUISIANA COUNSELING ASSOCIATION
 AGLBTIC • CIAL • LAAOC • LACES
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 LCDA • LCSJ • LHMCA • LSCA

Louisiana Lagniappe

Volume 36 Number 2

LCA is the state branch of the American Counseling Association

Winter 2013



Dr. Iman Ennabut Nawash Elected

Dr. Iman Ennabut Nawash was elected as LCA President Elect for 2016-2017. We thank all LCA members to took the responsibility to consider the two excellent candidates who accepted nomination to lead our Association. Dr. Nawash will succeed Tim Fields, who will be President Elect in 2015-2016. Congratulations Dr. Nawash! 🎉



Dr. Jacqueline Mims To Join LPC Board

Dr. Jacqueline Mims was notified earlier this month of *Governor Bobby Jindal's intent to appoint her* to the Louisiana Licensed Professional Counselors Board of Examiners. In accordance with **Louisiana Counseling Association's** practices, Dr. Mims must resign her position as President of Louisiana Mental Health Counselors Association prior to the appointment.

In as much, Dr. Mims shall relinquish the presidency of the Louisiana Mental Health Counselors Association; and Dr. Cindy Escandell, President-Elect of LMHCA shall assume all duties and responsibilities of the association presidency. 🎉

Welcome!
Thanks to you LCA membership is at an all-time high: more than 2,000!!

Presidential Perspective

This IS Our Time!

*By: R. Bruce Galbraith,
M.Ed., DAPA, CCFC, LCA
President 2013-14*

*This year's theme is **The Professional Counselor: This is Our Time: To Reflect, To Renew, To Refocus.** Every counselor has a story.*



- ☞ Our stories are unique and powerful. They are shaped by past experiences, driven by current challenges, and they prepare us for the future. LCA recognizes multiple voices within our counseling community that embrace innovative and proven counseling techniques that are for all.
- ☞ Our time requires that we confront and address the problems facing our profession. We are the ones who will be best to solve these problems.
- ☞ Our time is about counselors finding a voice that reflects good practice and celebrates success stories, with a goal of sharing knowledge and affirming the self-esteem of the counseling profession.
- ☞ Our time is about giving counselors a space to tell their own story, rather than having others tell it.
- ☞ Our time is building the future of counseling with input from all counselors.

(Presidential Perspective, continued in column 1 on page 2)

The *Louisiana Lagniappe* is the quarterly newsletter of the Louisiana Counseling Association, LCA. LCA is the state branch of the American Counseling Association, ACA. LCA includes 1,800+ members, and 12 Divisions which serves as an inclusive umbrella. LCA unites professional counselors from diverse work settings into a single statewide organization. LCA works to promote advocacy, collaboration, and networking among its membership for the good of Louisiana.

LAGNIAPPE TEAM

Your newsletter is the result of the following team: Vinetta Frie, Editor; Diane Austin, Contributing Editor; Dalia Chatelain & Mary D'Anna, proofreaders

SUBMISSIONS

Sent all submissions to newsletter editor, Vinetta Frie via e-mail. Use her address: frienews@yahoo.com. Please use *Lagniappe Article* in the address line. Electronic submission of photographs via e-mail is preferred. Submission of hard copy photos or recorded devices become the property of the newsletter and will not be returned.

NEWSLETTER CORRECTION

Please contact Vinetta Frie, Editor via frienews@yahoo.com. Please use *Lagniappe Error* in the subject line.

Spring Newsletter
Submission deadline:
February 28, 2014!

- ☞ Our time is to emphasize that “we are the ones that we have been waiting for,” to the current generation of counselors can truly initiate a professional revolution.
- ☞ Our time to reflect is for us to rekindle our passion for counseling in this time of fast-paced change.
- ☞ Our time is to be able to understand and evaluate the influences of technological developments and the role of counselors in harnessing these unstoppable changes for their ethical and meaningful use.
- ☞ Our time is about giving students opportunities to share their voices to become active in the shaping of the counseling future in the 21st century.
- ☞ Our time is to understand globalization and the need to live with and learn from each other.
- ☞ We need to look at our past and Reflect; we need to look at the now and Renew; and we need to look toward the future and Refocus our present efforts.
- ☞ We are the ones who will be best to solve these problems. We are Professional Counselors: This is truly our time. 🕒

With Heartfelt Thoughts and Prayers

Louisiana State Senator Ben Nevers lost his mother Sunday, October 20th. Senator Nevers has been a strong advocate for counseling in our state. Your Administrative Council honored his request and donated 10 Bibles to Gideon International in memory of the late Mrs. Nevers.

We need your help to acknowledge any member's illness, grieving, or recent death. Please contact either Vinetta Frie, frienews@yahoo.com or lca_austin@bellsouth.net to reach Diane Austin. The information you provide will be shared in a space like this with our Association. Thank you, in advance.

Congratulations

LCA would like to recognize the recipients of the following awards:

President Award Recipients

Marianne Terrebonne, Lynne Nell Bernard and Vinetta Frie

Distinguished Professional Service

Dr. Carolyn White

Distinguished Legislative Services

Senator J. P. Morrell

Humane and Caring Person

Donald Anderson

Graduate Student Award

Latrina Raddler

Advocacy Award

Jennifer Curry

Poster Session Awards

Molly Holmes, Caitlan Bach, and Anna Edelman

These recipients are truly deserving of these awards and LCA looks forward to next year's conference!

Survey Participation Solicited by Psychologist in Ohio

Have you provided online counseling services to clients? Do know someone who has? Are you interested in or considering providing online counseling services? You are invited to participate in a brief online survey assessing the characteristics, opinions and experiences of mental health professionals who currently provide or intend to provide online counseling services.

Telepsychology and online counseling services are increasingly becoming more common and available to the general public. However, relatively little is known about the professionals providing online services, their training and knowledge, the types of services they are providing and technologies being used.

This study is a collaborative effort among researchers at the Florida State University College of Medicine and Kansas University Medical Center, and the TeleMental Health Institute.

The survey takes about 10 minutes to complete. The survey questions do not require disclosure of personal information and your identity and responses will remain anonymous. Summary results of the survey will be available after the study is complete at the following website: <http://www.selfhelpmagazine.com/>

5 Division Presidents Report

Compiled by Vinetta Frie, Lagniappe Editor

This issue marks the transition from one era to another. For many divisions, new Presidents are taking up their positions of leadership. Many Presidents are moving to other positions, and **some will take a well deserved breather.** Read below to see who's who and maybe decide where you want to join in!

AGLB TIC-LA

By Tiffany Cologue, President Elect of ALGBTIC

Counselors often reference “missing pieces” when working with clients. Is it possible that sexual identity issues could be some of the missing pieces that keep our clients stagnate? According to a survey conducted by The Williams Institute in 2011, an estimated 4% of adults in the United States identify as lesbian, gay, bisexual, and transgendered. The survey also indicates that an estimated 8.2% of Americans have engaged in same-sex sexual behavior and 11% of Americans acknowledge some same-sex sexual attraction. As a result, it is important for counselors to be aware of specific issues associated with working with LGBTQQIA clients and how their own bias may potentially hinder their work with this population. The 2013 LCA conference content sessions addressed several of these issues. One session focused on using intergenerational, traditional, and postmodern theories when conceptualizing cases involving the LGBTQQIA population. The other session focused on exploring common myths and misconceptions which marginalize the LGBTQQIA community as well the skills needed to prevent stereotypes from interfering in counseling LGBTQQIA clients. The attendance at each of these sessions spoke volumes about the interest in working with the LGBTQQIA population within the counseling profession. It is the hope of ALGBTIC-LA that sessions regarding the LGBTQQIA population will continue to be part of the LCA annual conference. Thanks to everyone that attended these sessions!

Citation: Gates, G. J. (2011). How many people are lesbian, gay, bisexual, and transgender. *The Williams Institute.*



Winter 2013

Louisiana Career Development Association

By: Laura Fazio-Griffith, LCDA President

The Louisiana Association for Career Development hosted a successful summit at the LCA conference on September 16, 2013.

5 Division Reports, continued on page 5)

5 Division Presidents Report, continued from page 4

Each member of LCDA that attended the National Career Development Conference in Boston shared a summary of their most inspiring sessions and the importance of networking on a national level. The membership discussed the upcoming annual conference that will be held in the spring in Baton Rouge, Louisiana, as well as themes for the upcoming conference. Ideas about career month were discussed. The members explored networking across the state to develop and implement some strategies for career month which occurs in November over the next year or so.

Several ideas about how to increase membership were discussed. Louisiana Career Development Association has a solid membership that consists of counselors who specialize in career development. LCDA would like to outreach to different industries and individuals in other professions, such as human resource development. These individuals may have a variety of experiences to offer to LCDA. The executive board of LCDA is going to work in the upcoming months to outreach to different professions that emphasize career growth and development to expand our membership. LCDA is also looking to form a professional development committee to enhance the professional development of our members and future members in the areas of career growth. If you are interested in serving on this committee or would like to provide feedback regarding LCDA, please feel free to contact the president, Laura Fazio-Griffith, via e-mail: Laura.Fazio-griffith@selu.edu



Hello ... Again from LCSJ

By Louis Lowery, LCSJ President

First, may I thank those members of LCA who have chosen to join the LCSJ Division. We are at our highest membership level in years, but we strongly encourage you to join or renew your membership because of the pressing important issues facing our state and nation regarding social justice. Here are just a few:

- Louisiana ranks highest in the nation in the number of homicides due to domestic violence in the nation, according to a recent editorial in the TIMES of Shreveport Bossier. However, several domestic violence shelters have closed due to cutting of funds in the state budget.
- The U. S. Supreme Court is hearing a case on the execution of developmentally delayed persons in the criminal legal system. Also, there is consideration of whether life imprisonment without parole for juveniles will be applied. The news this week
(5 Division Presidents Reports, continued on page 6)

Call For Submissions

By Dr. Peter Emerson, Editor and Dr. Meredith Nelson, Co-Editor

The editors of the Louisiana Counseling Association Journal (LJC) are actively seeking scholarly articles for the 2014 Journal that will be published Fall 2014. Please submit your blind manuscripts with separate title page in APA format electronically to mnelson@lsus.edu the e-mail address for co-editor, Meredith Nelson, before May 1, 2014.

The 2013 LJC journal may be accessed on the LCA website and CEU credit may be received by answering the CEU questions and submitting them by mail to Diane Austin, 353 Leo Street, Shreveport, LA 71104. 🌐

ADA Compliance Committee

Submitted by Joan C. Gallagher, Committee Chair

The Americans with Disabilities Act Compliance Committee received a total of 5 requests from members for assistance. Large copy print materials, personal guides, and sign language interpreters were provided to ensure that these valued members were able to fully enjoy and participate in the conference. Many thanks to Latrina Raddler, and her team of several graduate student volunteers. We also wish to thank the Louisiana Commission for the Deaf who provided excellent sign language interpreters throughout the conference. 🌐

It's YOUR Time!



This Is Our Time: LCA Leadership Academy

By Kerri T. Spears LCDA President-Elect

The first meeting took place on Saturday, September 14, 2013 at the InterContinental Hotel in New Orleans, LA. The members began their first session with a meet and greet along with an individual bio. After the group became somewhat acquainted, Dr. Ron Cathey, LCA Leadership Academy Director discussed the **organization's mission and goals. The purpose of the academy is to provide participants with the opportunity to engage in a one year sustained project that will broaden the participants knowledge and awareness of essential LCA issues, enhance the participants leadership capacity within the field of counseling and benefit LCA via the completion of a significant project that is related to the future plans of LCA and the counseling profession.**

The meeting was set up like a formal board meeting. LCA President, Bruce Galbraith and several other members from the executive board came to introduce themselves and explain their significant role in LCA. Not only did the members benefit from learning about the positions on the board, they also got a chance to meet Dr. Judy Miranti, a former LCA Presidents. Dr. Miranti gave a presentation on personal leadership development in which she discussed the foundations and the characteristics of a true leader.

The participants had a networking session during their lunch at The Palace, located on Canal Street. Before their meals were served, each member described a person that had a positive impact on their lives. This session allowed the members to bond as an academy.

Until the members meet again, each participant is responsible for submitting a brief, one page proposal that outlines the basic elements of their proposed action learning project. The projects will reflect one of the strategic goals of LCA and must be presented at LCA Annual Conference in 2014. 🌟

5 Division President Reports, continued from page 5

includes reports of two shootings of teachers by students in middle school. One questions where the alleged shooters got access to the weapons they used to kill the teachers who were dedicated to serving them.

But, some people say "what can I do?" Well, my view is that each person can make choices about what they can contribute to social justice concerns. One way is advocacy for your clients, another is to be involved in community and church projects which promote social justice. Another is to be active in voting and in possibly running for office on local or state levels. The possibilities are endless!

Thank you for all that you do for your clients and in your community regarding social justice issues. If you are not currently an LCSJ member, Diane can add this division to your LCA membership for only \$5. It is worth it!!!!



Obesity in Children: The Role of the Licensed Professional Counselor

*By: Kathleen Rhodes, LPC/
President of LAMFC*



Obesity rates in children have escalated significantly since 1970. One out of three U.S. children is considered overweight or obese.

Obesity has a profound impact on children's physical health. Today many obese children and teens are experiencing health problems previously seen only in adults such as Type 2 Diabetes, hypertension, and sleep apnea.

As Licensed Professional Counselors, we are well aware of the devastating impact of bullying on our children. Obese children are twice more likely to be bullied than other children. Being bullied triggers feelings of low self-worth which then often causes depression and thus a vicious cycle has begun.

In the genetic versus environmental debate, peer reviewed research has substantiated that environmen-

(5 Division President Reports, continued on page 7)

5 Division President Reports, continued from page 6

tal factors trump genetic factors. There are two primary environmental factors driving this epidemic. **Unhealthy eating habits is one.** For today's overscheduled families, eating out is the norm as busy parents shuttle their children to and from after school activities. Fast food restaurants are chosen for expedient delivery of super-size portions equated with value over nutritional content. **The second environmental factor is today's sedentary lifestyle.** The majority of children are spending more time in front of a screen (TV, computer, video-game consoles and/or smartphone) each day than they spend exercising in a week! Additionally, many financially strapped school systems have decided that daily exercise class is a luxury not a necessity.

The easiest solution to this life threatening problem is prevention. Preventing a child from becoming overweight is easier the younger the child is. Minor changes made in young childhood can turn things around. By the time a child is ten years old or older, it is not too late to implement a healthier lifestyle. However, a parent is more likely to be met with resistance as eating and activity habits have become embedded.

How do we as clinicians assist and support parents as they struggle to create a home environment which promotes healthy lifestyle habits and prevents excessive weight gain? First off, we do not operate **solo on this issue.** **We must engage children's pediatricians.** Collaboration has always been best practice, but now is a much needed mandate under the Affordable Healthcare Act. Second, we encourage and educate families to consider research based interventions for goal setting regarding healthy eating and **physical activity.** The "stop light" method is recommended by Denise Wilfley, Ph.D. Dr. Wilfley has done extensive research on the prevention of treatment of obesity and is President-elect of The Eating Disorders Research Society. Lastly as LPCs, we must remind parents that they are the key agents of change for their children and that they must model healthy behaviors engage their children in healthy eating and physical activity.



1st Timer's View of the Fall Conference

By Brittney Landry

The Louisiana Counseling Association's annual conference was recently held in New Orleans, Louisiana and proved to be an amazing experience for a first time attendee like myself! As a current graduate student at the University of New Orleans, the conference provided a new and fresh way to gain knowledge about the professional world of counseling. The conference deemed Monday, September 16th "Graduate Student Day" and provided participants with a wide range of events that circled around pertinent issues involving graduate students.

Two of the sessions held on Monday centered on the topics of networking, interviewing skills, and résumé tips. While these were geared towards graduate students, they were open to all attendees. The session entitled "Strategic Networking: Connect to Your Dream Job" entailed providing tips, such as how to properly network and how to make a great first impression. Ms. Joan Gallagher, the presenter of the session, provided attendees with short exercises that allowed networking practice in the safety of the room. The networking session also afforded me the opportunity to meet Ms. Kerri Spears, the Louisiana Career Development Association President-Elect, as she presented her own personal story of success and described how networking opened the door for many career opportunities in her own life. The second session, "Interview and Résumé Clinic: The Doctor Is In!", was presented by Ms. Gallagher and Ms. Sharon Walker and focused on interviewing skills and résumé dos and don'ts. It also incorporated an in-session résumé clinic, which included the opportunity to have our résumés critiqued by professionals. This portion of the session was extremely helpful as I was able to hear from professionals what a polished résumé should look like.

In addition to the interesting educational sessions, the conference also offered social activities for the graduate students in attendance. These included Graduate Student 101 and Networking Social Events sponsored by the Alpha Eta and Sigma Lambda chapters of Chi Sigma Iota. These events allowed

(1st Timer, continued on page 8)

Participants in Research Study Sought

Seeking individuals interested in participating in a PhD dissertation study on “The experiences of mental health professionals working with mentally ill inmates in a prison environment.”

This study might be a good fit for you if:

- You are a male or female 23-65
- You currently working as a mental health professional at a prison in Louisiana, or have previously worked as a mental health professional in a prison in the last 5 years.
- You have a Master’s degree in Counseling, Social work or Psychology

To join this dissertation research study or for more information, please contact Andrea Engels at (225)665-8090 or newdawn counselors@gmail.com.

1st Timer, continued from page 7

students the opportunity to ask questions regarding various topics, such as Counselor Intern registration, employment opportunities, and the chance to speak with Ms. Mary Olsan, the Executive Director of the LPC board.

In embracing the theme for this year’s conference, “The Professional Counselor: It is OUR time: To Reflect, To Renew, To Refocus”, I was able to grasp a new perspective of the service that professional counselors provide to the public as well as functional ideals and concepts that I would be able to contribute to this ever-growing field. Overall, the conference was a wonderful experience. I met new people, gained a wide range of information, and I now feel prepared to enter the professional and exciting world of counseling. 🕒

5 Division Presidents Report, continued from page 8

The Louisiana Two Step

By: Jennifer R. Curry, Ph. D.,
LSCA President



“Those who danced were thought to be insane by those who could not hear the music”. --Angela Monet

I have always loved to dance. Whether it’s in my office, at my home, or in a club, music has always moved me in indescribable ways. However, I was raised in a home where everyone liked country music except me: I always gravitated toward hip hop, R&B, and rock. In fact, at many weddings and social gatherings I would find myself sitting on the sidelines while other people danced in a manner unfamiliar and uncomfortable to me: the country line dance. The thought of line dancing is nearly unbearable to me. Music has always moved me in unique ways and I felt compelled toward expressing myself with my own style, in a one to one relationship with the beat rather than following along with the group.

Today, I recognize that many people have a relationship with music and that expression is personally relevant and meaningful; yes, even line dancing. It is our own exceptionalities and differences that weave the tapestry of a beautiful world of sound and movement and creates the dance of the ages. In LCA, we have our own brand of dance—I liken it to the Louisiana 2 step. The ways in which we move together and as separate groups and individuals makes for an interesting and unique flow of ideas and exchanges of discourse. **We don’t have to always agree, look the same or think alike, we just have to keep moving together.** As we move toward the spring legislative session, I ask all of the members of LCA to join the dance: advocate for yourself and your colleagues. Regardless of our specialties (i.e., substance abuse, school counseling, marriage and family), we are all moving to the music. Please join your colleagues and get moving to the LCA Louisiana 2 step! 🕒





Fun at the LCA Conference

*By: Dalia Chatelain and Mary D'Anna,
Social Media Committee Co-Chairs*

What was your favorite part of the LCA conference? We certainly enjoyed seeing all of the enthusiasm and smiles from everyone attending. Did you share the information you learned? There were so many topics covered and all of the sessions were well attended. Our presenters were excellent and I think everyone enjoyed the general session with Clift Mitchell.

Did you take goofy pictures in the photo booth? We hope to bring it back next year. The massages were a special treat and I wish we could have had them there more than one day. We want to thank Holistic Massage and Gaby Tregle. We hope you were able to follow the comments that were being posted on Twitter throughout the conference. Our goal next year is to double the number of people following LCA on Facebook and twitter. If you want to find us on Facebook go to Louisiana Counseling Association and "like" the page. You will start seeing the updates. The page name on Twitter is LCA and you can find it @lacounseling. If you would like to see more of the photo booth pictures, you can go to: www.ohsnaonola.com.

We also want to thank all of the vendors and our LCA chapters for being so generous with door prizes this year. The prizes were great and Bruce found some unconventional ways of finding the winners in the crowd. We gave away at least 15 clocks in keeping with our theme, "This is our Time: To Review, To Renew, To Refocus"

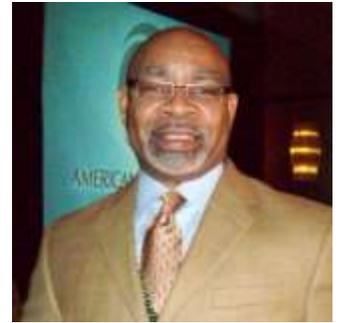
If anyone is interested in helping us promote our conference next year, please let us know. We want to spread the word about the good content, learning and fun we have. Make suggestions on Facebook and/or twitter and we will try to do as many as we can. If you want to publicize an event or CEU opportunity, put it on twitter or Facebook.

(Social Media, continued on page 11)

Louisiana Lagniappe

2013 ACA Institute for Leadership Training

*By John R. Crawford, MA,
LPC-S/LCA President
Elect*



The American Counseling Association Institute for Leadership Training brings together ACA leaders from Regions, Branches, and Divisions seeking to enhance their leadership skills and dedication to the counseling profession. The keynote presentation, content learning sessions, visits with elected officials, and the opportunities to network with fellow leaders from around the country make this a unique opportunity for personal and professional growth.

The ACA ILT was held July 24-27, 2013 in Arlington, VA. There were 130 emerging leaders from across the United States that attended the Leadership Institute. It was a great opportunity for counseling colleagues to learn, to network, to advocate for counseling and our clients on Capitol Hill, and to have fun! The Leadership Content Sessions topics were : Introduction to ACA Leadership; How to Run Meetings People Actually Want to Attend; What ACA Leaders Must Know about the New 2013 HIPPA/HITECH Regulations and Emerging Trends in Technology; Lobbying Visit Issue Review and Preparation; How to Conduct an In-Person Lobbying Visit; Understanding Yourself and Others; Social Media Strategies for Membership Recruitment and Retention; Building Stronger Associations; Current Professional Issues on the National Level; Webinars Can Be Very Popular and Very Profitable; **Technology Tools to Increase Productivity.....** and many more informative content sessions.

On Thursday, July 25th, the collective voices of professional counselors were heard throughout Capitol Hill! The 130 participants of ILT met with their home state members of Congress and their staff to share personal stories and experiences while linking them to specific policy requests in the area of mental health, school, and career counseling. Lobbying took place for the following Bills: Medicare, Outpatient

(ACA Institute, continued on page 11)

2013-14 LCA Leadership Roster

LCA Elected or Appointed Officers and Contract Workers

Bruce Galbraith, <i>President</i> gotoschoolman@yahoo.com	Tim Fields, <i>President Elect-Elect</i> tfield1@lsu.edu	Marianne Terrebonne, <i>Parliamentarian</i> Harmonymari4@gmail.com	Diane Austin, <i>Executive Director</i> lca_austin@bellsouth.net
John Crawford, <i>President Elect & On-Site Conference</i> JOHN615549@aol.com	Paul "Buddy" Ceasar, <i>Past President & Nominations Chair</i> bbceasar@aol.com	<i>President Elect -Elect for 2014-2015</i>	Austin White, <i>Business Manager</i> austin@northdeltamanagement.com

LCA Division Presidents

ALGBTIC-LA Kenneth Schmitt, Assoc. of Lesbian, Gay, & Transgendered Issues in Counseling of LA kjschmitt@gmail.com	CIAL Karen Taheri kmarieswanson@gmail.com	LAOOC Latrina Raddler, LA Assoc. of Addiction and Offender Counselors lraddler@yahoo.com	LACES Adrienne Frushhertz, LA Assoc. of Counselor Educators and Supervisors alols1@lsuhsc.edu
LAMFC Kathleen Rhodes, LA Association of Marriage and Family Counselors kathleenrhodes@yahoo.com	LAMCD April Shields, LA Assoc. for Multicultural Counseling and Development aprilshields@gmail.com	LASERVIC Mary Stegal LA Assoc. for Spiritual, Religious & Ethical Values in Counseling maryesteg@aol.com	LCCA Bridget Robicheaux LA College Counseling Association brobic@lsu.edu
LCDA Laura Fazio Griffin LA Career Development Association Lfaziogriffith@aol.com	LCSJ Lewis Lowrey LA Counselors for Social Justice lowrey@cp-tel.net	LMHCA Jacqueline Mims LA Mental Health Counselors Association eclecticcbc@cox.net	LSCA Jennifer Curry LA School Counselor Association jcurry@lsu.edu

Appointed Committee Chairs and Co-Chairs

ADA Compliance Joan Gallagher jgallag@lsu.edu	Archives: Melissa Thomas melissabay@aol.com	Awards: Jessica Fanguy jessicafanguy@gmail.com	By-Laws & Strategic Planning: Eric Odom ericodom1@hotmail.com
Conference On-Site Chair Bruce Galbraith (see President-Elect)	Finance: John Crawford (see President-Elect)	Government Relations Cindy Nardini cnardini@juno.com	Graduate Student Rep. Chantrelle Varnado Johnson cdvarnad@yahoo.com
Gratitude/Leadership Academy: Ron Cathey rcathey@latech.edu	LCA Journal: Peter Emerson, Co-Editor pemerson@selu.edu		LCA Newsletter: Vinetta Frie, Editor frienews@yahoo.com
LPC Board Liaison Mary Alice Olsan Executive Director lpcboard@eatel.net	Membership: Tim Fields (see President-Elect)	Nat'l Guard Project Liaison: Cindy Escandell cindy@escandell.com	Professional Development: Joan Fischer jfischer@olhcc.edu
Public Relations Co-Chairs: Lisa Launey eglaun@eng.lsu.edu Lisa Newman lnewman@lsu.edu	Social Media Committee Co-Chairs Dalia Chatelain dalia2450@att.net Mary D'Anna mdanna3175@att.net		Technology Adrienne Trogden



Your Executive Team for 2013-2014

Standing, L-R: Bruce Galbraith, President, Diane Austin, Executive Director and Austin White, Business Manager; Sitting, L-R: Marianne Terrebonne, Parliamentarian and John Crawford, President-Elect

Social Media, continued from page 9



I picked up the quote by Laura Ingalls Wilder at the LSCA luncheon this year: “If enough people think of a thing and work

hard enough at it, I guess it’s pretty nearly bound to happen, wind and weather permitting.” I think this quote sums up the efforts of many people who worked hard to put on the conference and Thank God there was no hurricane or tropical storm to contend with. Please contact us Dalia and Mary at dalia2450@att.net or mdanna317@att.net . ☺

ACA Institute, continued from page 9

Mental Health Services, and Coverage of Licensed Professional Counselors-S.562; Elementary and Secondary School Counseling Program (ESSCP); Co-Sponsor the Counseling for Career Choice Act (S.282, H.R. 2317); and Prevent Counselors from Being Shut Out of the VA (S.1155).

Representing the Louisiana Counseling Association Leadership at ACA ILT was: Bruce Galbraith, President; John R. Crawford, President Elect; and Chantrelle Varnado-Johnson, Graduate Student Representative.

The ACA ILT was a very empowering experience! The 2014 ACA ILT will be held July 23-26, 2014 in the Washington, D. C. Metro area. ☺

LCA Logo Is In Transition

Summarized by Vinetta Frie, Lagniappe Editor



As counselors, we know the importance of identity. Those who know themselves and feel good about what they know tend to be happier, healthier, more outgoing, more productive and on and on! Does this hold true for organizations or associations? Ask marketing specialists!

As a state branch of the American Counseling Association, our parent organization has personalized their logo to incorporate each state division.

For a time, we will use both our most recent LCA logo, our state with a cypress tree and our name along with the concentric circles to show



LOUISIANA COUNSELING ASSOCIATION
A Branch of the American Counseling Association

how we are embraced by our parent association and how we in turn embrace our division and counselors statewide regardless to where and with whom they work. ☺

2012-2013 By-Laws Changes Approved at Annual LCA Meeting

During the General Business Meeting held at the Annual LCA Fall Conference, the membership gathered approved the By-Laws change recommended by the Executive Board. The change is an effort to increase the pool of candidates to qualify to run for President of LCA. The approved change reads as follows:

Article IX Nominations, Elections, and Voting Procedure;

Section 1. Candidacy for LCA President

All candidates must be Professional members in good standing in the LCA and have previously served as a Division President or as a member of the LCA Executive Board for a minimum of two years. ☺