



The Honor Was Mine

Vinetta Frie, Outgoing LCA President

As I welcome the transition of power to Dr. Adrienne Trogden, writing this article is my last official duty. With much joy, I say thank you to every LCA member for the honor of serving you this past year.

While representing you, I have had so many positive experiences: planning for and celebrating our 50th anniversary as an association, meeting the ACA President, visiting Capitol Hill in Washington, D.C., to meet our elected senators and representatives, working with the Southern Region and networking with presidents like me in other states. The picture shows me welcoming the world to Louisiana at the ACA conference in the Great Hall of the NOLA Convention Center. Never in my life have I had such an experience!

As president, I invited and had many wonderful members join my board as committee co-chairs: ADA Compliance, Kimberly Lachney and Iman Narwash; Archives, Jenny Petty and Nikolya Sparks; Awards, Asha Murphy; Bylaws, Ramon Lopez and Eric Odom; Conference and Finance, Dr. Adrienne Trogden; Government Relations, Dr. Mary Feduccia and Dr. Ariel Mitchell; LCA Journal co-editors, Dr. Peter Emerson and Dr. Meredith Nelson, LPC Board Liaison, Jamie Doming; Mentoring Task Force, Dr. Christine Ebrahim, Professional Development, Nicole Ferrer and Vicki Guilbeau; Public

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Presidential Perspective See You in NOLA!!

Dr. Adrienne Trogden, Incoming LCA President



Greetings All! I'm so honored to be serving as your 2019-2020 President of LCA! We have some exciting opportunities that I hope you will take advantage of and participate in this year.

First of all, our annual conference will be in New Orleans at the Sheraton Hotel on Canal Street this year, Sept. 28-Oct. 1. The theme is *Together We Thrive: Revitalize, Rejuvenate, Invigorate*. I'm excited to announce that we have some new tracks that will be available this year at conference related to working with addictions and LGBT populations in addition to our school counseling track. These specialty tracks will provide you with the knowledge and tools needed to work more effectively with these populations and I hope you will take advantage of these opportunities to expand your skill set.

Secondly, we are focusing on advocacy and specifically trying to get a Medicare bill passed federally (SB286, HR945) and want to encourage our legislators from Louisiana to co-sponsor these bills. These bills would allow LPC's to be recognized as providers for Medicare recipients across the nation. This is a huge access to care issue for Medicare recipients and the last insurer to recognize LPC's as providers. Passage of these bills would be a major win for LPC's in Louisiana as well as nationally! I

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Registered for the LCA Fall Conference yet ?!



Early Bird/Advanced Registration Deadline:

AUG. 23

Pre-Registration Deadline:

SEPT. 13

Sheraton Hotel, NOLA

hope you will join me in contacting our legislators to ask them to co-sponsor these bills. Thank you for allowing me the honor of serving you and I hope to interact with as many of you as possible in this coming year. I would love to hear any ideas regarding how LCA can improve to meet the needs of counselors across the state. See you in New Orleans! *Laissez les bons temps rouler!* ✂



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Relations, Tara Washington, and Strategic Planning, Leah Rosa. Two members battled serious health concerns. I am so grateful for Nikolya's continued recovery and Ariel's beautiful and healthy twin daughters. And the conference would not have been the same without Dr. Alice Cryer-Sumler, Chi Franklin and Tara Washington who had my back!

Where would LCA be without its independent and vital Divisions?! This year as we celebrated 50 years of unity the year started on a startling note as the American School Counselor Association and the American Counseling Association made their "separation" complete. I am very appreciative to LSCA President Denise Latour and the entire Division for finding a way through the changes to continue our working partnership for the benefit of all concerned. While you, LCA members elected all of the Division Presidents, I thank you and each of them for being such wonderful additions to my board: Kerry Satterfield, ALGBTIC-LA; Stephanie Robinson and then Sean Brite, LAAOC; Dr. Tammy Lewis Wilborn, LACES; Dwayne Jacobs, LAMCD; Tralana Eugene, LAMFC; Brenda Eccles, LA-SERVIC, Ashley Turner, LCCA; Dr. Mary Boudreaux, LCDA; Dr. John Dewell, LCSJ; Wendy Durant, LMHCA; Dr. Stephanie Eberts, LSCA voting proxy; Ida Ansell, LACGS; and Audra Toussaint, PLCA. While being LMHCA President, and overcoming Shingles, Wendy began a registered nursing program to benefit her agency, while serving on my board — I am so appreciative for her service to LCA. At the transitional board meeting Division Presidents Tralana and Mary from LAMFC and LCDA embodied the spirit of my year's theme, Stronger Together, by ac-

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LCA Election Details for 2019 Conference

Vinetta Frie, Past President and Nominations Chair

For the first time this year, we solicited nominations for the LCA President who will take office in 2022-2023 by direct email to every member!! I am proud to introduce Dr. Thomas Fonseca accepted your nomination to run for office.

If you attend the annual Fall Conference and you are an LCA member in good standing, you will receive a ballot with your name tag. It will include Dr. Fonseca and a space to write in a candidate of your choice. Be mindful that your nominee **MUST** be an LCA member who has been a Division President or has served on the Executive Board for at least 2 years. If you are not attending the conference, you will vote using the mail-in ballot on page 20. Make your selection and send to me at the listed address by September 20, 2019.

Each year, we ask the candidates to answer three questions to provide insight regarding their prior leadership experiences and vision for LCA. Here are Dr. Thomas Fonseca's answers.



1. Elaborate how your background and qualifications have brought you to your decision to first become an LCA member and now seek this leadership position.

In 2000, while attending my first LCA Conference - for extra academic credit - I walked in on a conversation about recruiting new members to the LCA. As a result of that conversation, I was invited to serve as the Graduate Student Representative on the LCA Executive Board. I accepted that invitation. From there, I have served the Executive Board in the following positions: Awards Subcommittee Member, Human Rights Committee Chair, Public Relations Chair, and currently Parliamentarian/

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companying their successors to their first board meeting. I was so proud of the leaders you are and the example you set for us all!

Throughout this article, the executive officers of LCA have been at my side — through my formation and during my presidency. Christine, Adrienne, Eric, and now Dr. Reshelle Marino LCA President Elect-Elect (and prior LSCA Buddy), your friendship, humor, and insights have been such a wonderful lagniappe! Thank you as well to Vickie Thompson who served as Secretary and for a lovely dinner with me at the spring board meeting. Thank you to Dr. Thomas Fonseca Parliamentarian/Chaplin, for the mindfulness and spiritual gravitas you brought to every meeting. And last but certainly not least what would I do without our “Austins.” Diane Austin and Austin White on whom I have relied for so many years. Having networked with Branch Presidents at ACA events, I gained even deeper appreciation for the blessing Austin and Diane have been to LCA for so many years. They are worth their weight in pure gold!

It is always dangerous to name people in these types of articles. The danger is to forget someone whose help was perfectly timed! Like we only pat attention to our breathing when it is interrupted! Please know that I appreciated everything you did for LCA and for me this year in support my presidency. As I bring this, the longest article I think I have ever written for the Lagniappe to a close, please forgive me if I did not mention you by name — please charge my head and not my heart!

This year, I had to function in a position I am not comfortable in: being out in front. While I was greatly helped by all the people previously named, there is a group who were of critical importance: my husband, Gery, and our now adult children Denis Samuel and Samantha Denise who actually have grown up in LCA! Without their loving support, I could never have done any of this.

Thank you, LCA for this wonderful experience. Working with you and serving you in this pivotal year, has been one of the greatest honors of my professional life as a Louisiana counselor. In the words of Mr. Spock, “Live Long and Prosper!” ☺



Chaplain (3 terms). I also served as President (2003-04, 2015-16, 2016-17) in my division (LASERVIC). Through this service to the profession, I grew in love for the people who serve in our profession and wanted to work with them continually. The only break I remember taking from the board was the two years immediately following Katrina when I had to focus on home, family, and restoration. When I returned to attend the 2007 LCA conference, my fellow counselors and dear LASERVIC friends were so supportive. They made me feel like life was going to be normal again.



By 2008, I had completed my masters in Counselor Education from The University of New Orleans, as well as my Ph.D. in Counselor Education from Mississippi State University. I feel blessed to have been recognized for my efforts within the profession I love so dearly. These awards and acknowledgements include: 2019-2022 Notre Dame Class of 1956 Endowed Professorship II (Crisis Intervention Research), 2017-2020 Adams I Fund Endowed Professorship (Crisis Intervention Research), Louisiana Counseling Association Conference “Best of Show” Award – September, 2015, Kappa Gamma Pi (National Catholic College Graduate Honor Society) – May, 2012, Chi Sigma Iota/Alpha Zeta Chapter – Chapter Faculty Advisor – November, 2012, Humane & Caring Award – Louisiana Counseling Association – 2009-10, Distinguished Professional Service – Louisiana Counseling Association – 2009-10, Outstanding Teacher of the Year Award (Adjunct Faculty) – University of Holy Cross – May, 2010, and the 2003-04 Presidential Recognition Award – Distinguished Service (LCA).

With the support of many counselors and individuals who also believe in the power of service to others, I became a National Certified Counselor, National Certified School Counselor, Licensed Professional Counselor (Supervisor), Licensed Marriage and Family Therapist, Certified Red Cross Ready – (Disaster Mental Health & Psychological First Aid),

(LCA Election Details, continued on page 5)

GOVERNMENT RELATIONS

Dr. Mary Feduccia, Government Relations, Co-Chair



Exciting news!! Katie Blum has enthusiastically accepted the invitation to serve as head of Government Relations for LCA! Mary Feduccia will serve as co-chair in 2019-2020 as Katie learns the ropes. LCA is very fortunate to have Katie—she brings a tremendous amount of passion to this role and will be an excellent leader for our legislative and advocacy efforts.

Although LCA didn’t initiate any bills in the 2019 Legislative Session, we tracked 12 bills related to mental health and each had a favorable resolution. On May 9th we hosted **LCA DAY AT THE CAPITOL**. We staffed a table in the Rotunda at the state Capitol and we gave each legislator a stress ball and a laminated card with a short relaxation activity on one side and information about LCA on the other. We offered one CEU for DIY: Legislative Advocacy and had the counselors who participated use the knowledge they had gained in the workshop by visiting their legislators and advocating for LCA.

In April we co-hosted the **Mental Health Legislative Forum** to review bills that pertain to us. This year the event was co-hosted by LCA, NASW-LA, and LAMFT. Nine mental health organizations were represented, and information was shared about the upcoming bills of particular interest to us.

Counselors interested in school counselor certification will be glad to know that we were able to get the requirements for certification in **Bulletin 746** changed by the BESE Board. Representatives from LCA (Drs. Jennifer Curry, Wendy Rock, and Mary Feduccia) worked extensively for several months to have the language revised regarding requirements for counselors with mental health degrees and who want to pursue certification as school counselors. The existing language required that these individuals complete an entirely new Master’s degree in School Counseling. The requirement was revised so that individuals with a Master’s degree in Mental Health Counseling from a CACREP accredited program will now

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National Community Crisis Response Team Member (NOVA – National Organization of Victim’s Assistance), PREPaRE Crisis Responder, National Trainer for ALICE (Alert, Lockdown, Inform, Counter, Evacuate) Program, and by the time of this writing, Local instructor for CPI (Crisis Prevention Institute).

All of these awards, acknowledgements, and training experiences have led me to where I am now, accepting nomination for LCA President in 2022. I have much to thank my profession for and have

come to understand that the highest degree of gratitude a person can show is their best effort, coupled with hard work. As LCA President, I pledge to work hard for each member. One of the best ways to do that is through actions that support and encourage every division, while fully respecting their autonomous LCA affiliation. I promise to be a president who still gets a kick out of stuffing bags prior to conference, drinking coffee while talking to members about their needs, and exploring ways to promote the good works of LCA and thereby attract like-minded LA mental health professionals.

The “particulars” of your LCA journey are probably different from mine, but when you boil it down, isn’t something like mine? Someone you respected invited you, you responded, and the rest is history! My acceptance brought me here, running to be LCA President.

2. To maintain the integrity and economic stability of LCA and counseling as a viable profession, what initiatives would you undertake to educate the public and the Legislature about the importance of LCA?

While I believe it is crucial to diligently promote the counseling profession, as a counselor educator I have seen several instances where counselors work within a multi-disciplinary team of mental

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**See you
in
NOLA?!**

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take two additional courses in school counseling in a CACREP accredited program and do a 600-hour internship in a school to be certified.

Medicare

Medicare Reimbursement Bills in Congress: The two very important bills ([S. 286 in the Senate](#), [H.R. 945 in the House](#)) that would al-

low reimbursement for LPCs who work with Medicare clients are gaining traction in Congress. This year seems to be the best chance of having both bills passed in both the House and the Senate since there is bipartisan support for the bills. At the ACA Institute for Leadership held in July, Senator John Barrasso (R-WY) was presented the American Counseling Association Legislative Service Award for his leadership in Congress on the Medicare bill, S. 286. The bipartisan Medicare bill now has 23 cosponsors in the Senate and 59 in the House and many more are expected to be added as a result of the efforts of the ILT advocates. We need the help of EACH OF YOU in the coming months to have legislators from Louisiana join as co-sponsors of the bills and to be successful in getting these bills passed so that LPCs can receive reimbursement for working with Medicare clients.

We’re open to your insights, suggestions, and involvement in the work we are doing. Let’s keep the communication flowing strongly! It’s going to be a great year with Katie at the helm! 🌀



LCA Board Mini Minutes

Lisa Launey, LCA Secretary

The LCA Executive Board held the Summer Board meeting on July 26, 2019, at the Crown Plaza in Baton Rouge. The following business was addressed:

- ✎ Austin White presented the Budget Report for 2019 – 2020 and it was approved.
- ✎ Diane Austin updated all on the 3 Foundation Trusts established by Peg Texidor in 1987. At membership renewal a full brochure with details for contributions and scholarships is provided.
- ✎ Adrienne Trogden and Diane introduced members to the role of the LCA board, the general structure, tasks expected, goals and more. The Strategic Plan for 2019-2020 was also presented.
- ✎ Jamie Doming, LPC Liaison and *ex officio* board member noted the new location for the LPC board as well as new LPC board rules.
- ✎ Tara Washington, LSCA voting proxy, volunteered to be the Administrative Council (AC) delegate.
- ✎ Christine Ebrahim, Past President and Nominations Chair, gave the election nominations report noting that Tommy Fonseca is one name submitted at this time on the ballot for President Elect-Elect-Elect.
- ✎ Mary Feduccia mentioned that LCA Government Relations tracked 12 bills and hosted several events including meeting with legislators and the BESE Board.

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health providers. When this happens, I believe it is important for counselors to understand the importance of their role in these teams. A counselor's role is often defined by what counselors understand they can and cannot do. Advocacy is key to our long-term survival as a profession. As an LCA member, I have listened and learned from previous Government Relations Chairs. From those experiences, hearing their reports in board meetings and reading the legislative updates in our blast emails, the one thing I have taken away is that the most powerful voice in government is ours.

To that effort, I say we must always defend what we have fully recognized: that we have earned the right to practice our profession! LCA provides a great place to come together to sharpen our skills, channel our energies, voice our needs, and organize new, needed strategies. We must never rest on our laurels. We must reach out to LA counselors who have not as of yet chosen to affiliate with us. We must help them to see that unity is in their best interest and enriches our entire profession. Through this unity, we as counselors can continue our job to educate/remind legislators about our capabilities as well as pertinent data to demonstrate our impact. As constituents, we must embrace our right to discuss important issues with our elected officials, sharing our stories, which is advocacy! Our skill in defending and improving our licensure bill truly affects our livelihood or potential livelihood if you are a PLCP or graduate student! As LCA President, I would be happy to join with LCA members to better articulate what we are fighting for to legislators.



One of the issues I have been watching closely, and am passionate about, is advocacy for Medicare Reimbursement for LPCs through the Mental Health Access Improvement Act. Congress continues to need to hear from more of us regarding this important legislation. Expanding the reach of counselors is at the core of this fight, and contacting our

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2019 Award Nominations: LAST CALL!!

Nominations must come from an LCA member.
The awardee must be an LCA member.

Don't you know at least one person who the LCA Awards Committee could recognize for their contributions to our profession?

Award nominations are in an easy online format! Access nomination form and find more information about each award here: <https://www.lacounseling.org/lca/Awards.asp>

Deadline for nominations: August 31, 2019

ADVOCACY AWARD

Consider nominating someone who has taken the initiative to advocate for the counseling profession on a local and/or state level. In so doing, the nominee has increased awareness about the counseling profession making it stronger and more visible in the state of Louisiana.

DISTINGUISHED PROFESSIONAL SERVICE

Consider nominating someone who has provided outstanding service at the local, state or national level in addressing the issues of the counseling profession and in stimulating future service to promote the well-being of the counseling profession.

RESEARCH AWARD (includes a \$500 grant)

Consider nominating someone who has executed high quality original research in area(s) of interest to the counseling profession.

GRADUATE STUDENT AWARD (includes a \$200 grant)

Consider nominating a counseling graduate student who has demonstrated outstanding scholarship.

HUMANE AND CARING PERSON AWARD

Consider nominating someone who gives to others without fanfare or expectation of reward other than the personal satisfaction of seeing other people made happier.

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- ☞ Representing the Leadership Development and Mentoring Institute (LDMI), Christine Ebrahim stated LDMI is looking for more mentors and to expand the program.
- ☞ Eric Odom recognized that the Conference Decoration and Door Prize committees are seeking volunteers. He also encouraged PLCA's to volunteer at conference. Contact him at: ericodom1@hotmail.com.

Submitted by Lisa Launey, LCA Secretary. ☞

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legislators is the path for many of us. I am happy to assist LCA members when they are trying to contact their two senators and one representative to advocate for this important piece of legislation. The grassroots efforts of each division to stimulate their members to action is something I fully endorse, and I am happy to assist division leaders in reaching their members. Increasing the reach of LPCs would increase the visibility of the counseling profession.



3. As LCA President of 12 diverse divisions and one affiliate, provide a few short- and long-term plans for LCA, addressing the needs of the diverse divisions to insure that each feels their collective voice is heard.

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Together We Thrive: Division President Reports



Notes from ALGBTIC-LA: Our Year of Action

*Keri Satterfield, PLPC, NCC,
ALGBTIC-LA President*

I would like to extend my appreciation and gratitude for the opportunity to collaboratively lead the Association of Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC) Division of the LCA Board.

We are thrilled to share with you the news that our division is hosting the first ALGBTIC track offered at the LCA conference this year. This is an exciting moment in the history of the division, as clinicians will be able to access resources and participate in training experiences not previously available at our annual conference.

Passionate and skilled clinicians, researchers and interdisciplinary professionals will present topics including the importance of language/terminology, clinical competencies, current & relevant lit reviews in this practice area, queer couples and families, and working with our transgender nonbinary/gender non-conforming-identifying client populations. In addition to the four workshops, we are hosting a roundtable discussion with division members and leadership. We encourage clinicians at all developmental stages of this practice area to participate in these important training experiences! Special thanks to Ida Ansell, Claire Kohne, Claudia Norton, Kenneth Schmitt, Cody Smith, Dr. Myo Thwin Myint, & Kyle Hankinson for your time, effort and willingness to make this happen!

I would like to extend gratitude to our small, but mighty force-Veronica Martinez, Mark Leggett, Walesa Kanarek & Dana Wallace for their tireless volunteer efforts in our rebuilding year. I am grateful to work alongside such gifted and compassionate humans.

Article continues on next column



LAAOC: What's the Big Buzz for this Year's 2019 Addictions Track

*Sean Brite, PLPC, NCC, LAAOC
President*

I am excited to highlight the Louisiana Association of Addiction and Offender Counselors (LAAOC) Addictions Track for the 2019 Louisiana Counseling Associations Conference. We are offering six sessions throughout the conference and our presenters have extensive experience and unique perspectives to provide more depth of knowledge to each session. When LCA asked us to plan this track their goal was to provide presentations at an intermediate and advanced level for those working in the field of addiction counseling. After working with our presenters I feel we have met this goal, while also providing important emerging information for clinical

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Short-term goals: I would meet with each division president (and attend division meetings, if invited) to understand the accomplishments, needs, and struggles of each division. Each division shares at least one commonality: providing needed services to their membership. Recognizing that some divisions may be more effective in conducting their business than others, I would like to support and facilitate networking to help presidents, divisions and boards to improve. Like a chain is only as strong as its weakest link, helping our division presidents, facilitating learning from other divisions strengthens our branch, helps us understand each

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LCA Divisions Get Conference Rebate!

Vinetta Frie, Lagniappe Editor

In addition to providing professional development and networking, the annual fall conference is vital for our fiscal health. When the conference is a financial success, LCA splits that profit (amount of money left after all conference expenses) in the ratio of 75/25 with the Divisions. The 25% is divided among the divisions, proportional to the number of their members who registered for all or part of the conference. So the more members a division has attending the conference AND indicating a primary division on the conference registration form, the larger that division's rebate!!

This practice has helped many divisions provide services to their members without having to raise their dues! Remember when you are registering for conference to indicate your **primary division** to increase your division's share of the profits! 

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icians who engage with those struggling with addiction and substance abuse issues. See for yourself:

1. ***“Ask the Doctor: An Interview with Psychiatrist Arwen Podesta MD.”*** Join our LCA President Dr. Adrienne Trogden who will be the moderator for this interview style session. This Sunday afternoon session will feature Arwen Podesta, MD who is a board certified adult psychiatrist with sub-specializations in addiction medicine, forensic psychiatry, and integrative & holistic medicine. She is well respected in the greater New Orleans addictions and mental health community and an incredible resource for holistic mental health and addiction treatment. LCA members will receive an online questionnaire in August. We invite clinicians to submit questions for Dr. Podesta to make this session even more

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Louisiana Lagniappe

pertinent to your needs!

2. Combined 90 Minutes Session from the Louisiana Office of Behavioral Health where Qui-
netta Rowley Womack, LPC, LAC-CCS, CCGC, will discuss ***“Office of Behavioral Health’s State of the State Address on the Opioid Epidemic”*** and Joseph Kanter, MD, MPH will discuss ***“Opioid Epidemic Nationally and in Louisiana”***.

3. ***“If They Need to Win -- They Need to Stop!”*** will be presented by Janet M. Miller LAC, CCGC, CCDP-D.

4. ***“Addiction – a Family Disease,”*** will be presented by Ann H. Wilder, M.S., MBA, LPC, LAC.

5. ***“Claiming a Culture of Recovery: Social Justice and Counseling Implications of Including Recovery Identity as a Part of the Multicultural Mosaic (Division President Reports, continued on page 10)”***

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other better and helps us tell our story – advocate – better!

Long-term goals: As a counselor educator, I believe every counseling graduate student should be encouraged to join LCA through student membership. For many, the only way they will learn of LCA and all of the benefits of membership is by invitation. I will contact each counselor educator within the state of Louisiana to encourage them to invite counseling graduate students to the annual conference. When these students become licensed professionals, they will understand the importance of LCA membership. Another long-term goal is to increase membership with the understanding that with more members we receive more money, support, and a growing pool of invested professionals. 



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ic”, will be presented by John Antonucci LPC, LAC, NCC, CCS.

6. “**Trauma-Informed, Mindfulness-Based Yoga and Addiction Recovery**” where Past-Past LCA President, Dr. Christine Ebrahim LPC-S, NCC, with co-presenters and Loyola University counseling students Jordan Esfeld Registered Yoga Teacher (RYT) 200, Kathryn Pennings, and Annie Rooney (RYT) 200. Both Ms. Esfeld and Ms. Ronney have certification in Trauma-Informed Yoga.

LAAOC looks forward to seeing you all in New Orleans and hopes you will find a significant growth opportunity in our inaugural Addictions Track. We also encourage LAAOC members to list us as your **primary Division** when signing up for the LCA 2019 conference. If you have any questions about the track, presenters, our website, or LAAOC please contact me, Sean Brite PLPC, NCC at seanbrite@gmail.com



LACES Survey Results & Awards Nominations *Kellie Camelford, LACES President*

It is with the highest hopes as incoming LACES executive board that we revitalize the Louisiana Association for Counselor Education and Supervision based on the survey results and requests of the LACES members from the summer survey. Members stated that they would like increased consultation and CEU opportunities, as well as opportunities for supervisors and supervisees to connect. The deadline for this article occurred before the LACES board meeting in August. We will share the results of our meeting at

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the LCA Fall Conference in New Orleans. The board also wants to hear any additional suggestions you have and welcomes members to continue to provide feedback that we can implement to make your LACES membership meaningful.

LACES will host the LACES Luncheon and Awards on Tuesday October 1 at the LCA Conference and hope that LACES members register for this CEU opportunity. In addition, nominations are now being accepted for the LACES Awards (New Supervisor, Senior Supervisor, Junior Counselor Educator, Senior Counselor Educator, Doctoral Student Supervisor, Prospective Counselor Educator- Masters Level, Prospective Counselor Educator-Doctoral Level) to be presented at the LCA Conference in New Orleans at the LACES luncheon. DEADLINE FOR SUBMISSIONS are August 21, 2019. To receive more information or submit, please contact us at: onlinelaces@gmail.com



A New Beginning for Beginner Counselors LACGS

Sarah Oldendorf, LACGS President and Daniel Bowen, President-Elect of LACGS



As current President of Louisiana Association for Counseling Graduate Students, I am thrilled to incorporate new and exciting information and programs this upcoming year! I have a huge passion for working with college students and currently work in UCAC in Academic Advising at LSU and will work at LSU Mental Health for my internship year. The division of LACGS is newer than most (a sweet three years it's been) and for that reason, we need to spread the word! If you are a Counseling Graduate Student or know of one, please be sure to select LACGS when you renew your LCA membership. This helps us generate excitement within the organization and allows us to

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be able to DO MORE! We cannot wait to see what this year has in store.



Welcome to a New Year, Bienvenidos!

Naomi Dugar, LAMCD President

Hello, Bonjour, Namaste, Aloha, Hola, Ciao! My name is Naomi Dugar and I am this year's LAMCD (Louisiana Multicultural Counseling Division) President! As LAMCD President this year, my goal will be to increase awareness among LCA members of the importance of greater cultural awareness and of adding LAMCD membership as a division.

As a member of LAMCD, you will be able to add additional resources to your "tool box" by attending several professional developments that I plan to have this coming year. Culture awareness is huge and it is not just for individuals who speak a different language, it is important for all of us to have knowledge in this area and tools to be effective counselors! Think about the divisions you are currently a member of and if LAMCD isn't one, consider joining us!

This year at the LCA Board Meeting, I accepted the invitation to offer a content session on the topic of immigration. I am still working on the details but look for them in the Fall Conference App and PDF hard copy of the conference booklet on the LCA website. One of my goals as president this year is to plan for a multicultural conference track which could focus on topics that are affecting our clients. I hope you can join me and the other members of LAMCD at the LCA conference this year! Adios, Arrivedeci, Goodbye, Poka, Farvel, Bon Voyage!



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Proud of Our History

*Tralana Eugene, Outgoing LAMFC
President*



I am humbled and honored to be among an illustrious group of past presidents for the Louisiana Association of Marriage and Family Counselors (LAMFC), a division of LCA for the 2018-2019 year. I remember the emotions of excitement, joy, and nervousness at my first executive meeting. I also remember all the friendly faces and warm words shared with me to help ease me into my new role. I am so grateful for this experience and feel the twinge of bitter-sweet emotions, but I know that our new President, Kendra Williams, will continue to hold the torch and build on my contributions for innovation and bridging the gap among generations in our profession.

One of my goals for our division was to ensure that our board is operating at full capacity so that we are able to adequately meet the needs of our division. I am proud to say that our board accomplished this goal and more. It is important that we continue to remain involved in our profession overall, but specifically within our specialized interests. I promise that I will continue to advocate for Marriage and Family Counselors.

I will be working closely with our new President to cultivate and ensure that her vision comes to fruition. In the words of our former First Lady, "There are still many causes worth sacrificing for, so much history yet to be made." There is still work to do, and I believe that our new President is up for the challenge. I am excited to witness the growth in our division, and I am looking forward to the exciting changes coming our way. Thank you again for your support and trust. Let's continue to make history together!



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LAMFC: Exciting Plans In the Works!

*Kendra Williams,
LAMFC President*

Greetings! I would first like to express how honored I am to serve as the 2019-2020 Presi-

dent of the Louisiana Association of Marriage and Family Counselors (LAMFC). Next, I'd like to thank our Past President, Tralana Eugene, for her ongoing support and working closely with me to make a smooth transition into my new role. I have a vision for our division that I hope will excite our passion for the field and build a momentum that will be long-lasting beyond my position and those who will follow me. I hope the contributions of our collective leadership will make our valued members proud and eager to remain such a vital part of this division. It is with great pleasure that I introduce the 2019-2020 board members of LAMFC: Past-President, Tralana Eugene; Treasurer, Donnie Underwood; Secretary, Melissa Thomas; Member-at-Large, Sonja Smith-Polley; and Student Member, Alicia Engelhardt. If you are interested in joining our division or LAMFC board please email a letter of interest to me via kwilliams2988@gmail.com.

We are looking forward to the 2019 conference and the multiple professional development opportunities it will offer. Don't forget to register for the LAMFC luncheon when completing registration for the 2019 LCA Conference. I am very excited to announce that Mrs. Michele Louviere, LMFT will be our guest speaker this year. She is a Licensed Marriage and Family Therapist, Certified EFT Therapist and Supervisor with over 25 years of counseling experience. Mrs. Louviere will focus on Emotionally Focused Therapy. Relationships overall are ever-changing, and we must continue to evolve and grow professionally as clinicians. Come out and allow our guest speaker to share some valuable information to add to your systemic toolbox.

Article continues on next column

Fall 2019

Please see the LCA calendar for more updates regarding the schedule for our LAMFC luncheon. Please make sure you take a moment during the conference to allow me to greet and connect with you. And finally, if you are an LAMFC member, remember to list us as your **primary division** when you register for the LCA Fall Conference! Thank you and I look forward to seeing everyone soon!



Remembering The Past

*Brenda Eccles, LASERVIC
Outgoing President*



My year as President of the LASERVIC Division has come to an end. Having great memories and successful accomplishments has been rewarding and very uplifting for me. Just knowing that lives have continued to be touched and families have been empowered with strategies and life skills tools that will help them cope through their daily events.

We have continued to support through monetary gift giving donations locally, statewide, nationally and abroad to some areas that have suffered due to national disasters. We have grown in numbers through membership and there are still opportunities to expand. Through our spiritual and ethical training our service to others goes without saying that we are truly blessed to be in a position to meet the needs of those we serve. It's your continued support to the LASERVIC Division and your professional knowledge that have aided us in providing opportunities for others to follow that will hopefully direct them to a successful path in life.

Serving as LASERVIC president has been fulfilling and I am proud to be a part of such a vibrant division of LCA. If you are not a part of the LASERVIC division of LCA, I strongly recommend you join, even if it's not your primary division. So here

(Division President Reports, continued on page 13)

is my open invitation to join me as we broaden our scope of practice to help meet the needs of others through serving one client at a time.



LASERVIC: Helping Make Our World Better and Brighter!

Dr. Dustin Reed, LPC, NCC, CRC, LASERVIC President

My name is Dustin Herbert Reed, Ph.D., LPC, NCC, CRC. I am proud and honored to serve LCA as this year's (2019-2020) President of the Louisiana Association for Spiritual, Ethical, and Religious Values in Counseling (LASERVIC). I would like to take a moment to recognize this year's executive board for LASERVIC: Brenda Eccles – Past President, Dustin Reed – President-Elect, Brenda Eccles – President-Elect-Elect, Beth Berger – Treasurer, Sophiea Jones – Member-at-Large, Cindy Nardini – Member-at-Large, and Tommy Fonseca – Member-at-Large Also, I am happy to report that I have appointed Jamal Boudion as the LASERVIC Graduate Student Representative. Thank you all for your commitment to LCA and LASERVIC! If any LASERVIC members are interested in volunteering service on the board in the future, please do not be shy – I promise to make you feel right at home!

I would like also to take this moment to invite anyone in LCA interested in promoting Spiritual, Ethical, and Religious values in the counseling profession and the understanding of the communities, families, and clients we serve as holistic beings to take the time to consider joining LASERVIC. LASERVIC holds an Annual Prayer Service and a luncheon at the annual conference and I hope you decide to join us (or better yet, bring a friend)!

LASERVIC aims to help those in need and understands that in the diverse world we live in, ethics guides the approach we take to help best decide

Article continues on next column



how to fully and selflessly serve our communities, families, and clients. The vast diversity that makes up our communities, families, and clients encompass various spiritual, religious, and value systems that make up unique worldviews from which individual lives enrich our society. If we come together and embrace our unique differences and commonalities in spirituality, religious beliefs, and values, we will help usher in a brighter and better world in which we all can live in peace, respect, love, and appreciation of what makes our world so amazing – diversity! In a world that has become increasingly divided, let's make a concentrated effort to put the pieces back together and heal the hearts, minds, bodies, and souls of those we serve in our communities, practices, schools, and families, while also healing ourselves; are you up for the challenge?!

If you have any questions, comments, or suggestions, please feel free to contact me at Du-reed1@wsc.edu or 504-232-5076 (cell).



Farewell

Ashleigh Turner, Outgoing LCCA President



As my time as President of LCCA has come to an end, I am excited to know that as I am exiting, another great leader is entering this position. Viveca Johnson could not be more of a better fit to lead LCCA into great things in this upcoming year. Between her innovative ideas and goals to expand LCCA I know that over this next year this organization will grow in ways that it had not in the past. LCA please welcome Viveca with open arms and best of luck as our new 2019-2020 LCCA President!!

(Division President Reports, continued on page 14)



Ready, Set, Go: Addressing College Student Anxiety

*Vivica Johnson, Incoming
LCCA President*

The Louisiana College Counselors Association hosted its annual summer workshop on Friday, May 24, 2019 addressing the current needs and pressures of college students. With the increased number of college students entering college with mental health concerns and challenges, college campuses across the country are focusing on how to service the mental health needs of their students. Our summer workshop equipped and provided vital information to college counselors, college advisors, and community counselors that service college students how to best meet the mental health needs of their students. Workshop topics included the “Diagnostic Criteria for Anxiety, Depressive, and Trauma and Stress Related Disorders”, “Student Athletes and Mental Health”, “Examining Social Anxiety in Today’s Emerging Adult Cohorts and its Impacts,” and “Ethical and Legal Issues for College Counselors.” We are excited about this upcoming year for LCCA and hope to see many of our members at the upcoming LCA Conference and the 2020 Summer Workshop.



Louisiana Career Development Association

*Dr. Mary Boudreaux,
LCDA Past President*

As I look back at the last 12 months as President of LCDA, I am thankful for the opportunity I have had to work with a truly great group of practitioners

who care deeply about promoting the career development field in the State of Louisiana. All of our successes this year are due to the hard work of our dedicated board members: Lisa Hibner, Lauren Landry, Ellen Miller, Tiffany Henderson, Kerri Spears and Denise Latour; and the participation from our great membership. Highlights from 2018—2019 include:

- 1) Receipt of 2018 NCDA Outstanding State Division Award
- 2) Sponsorship of an LCA Pre-Conference Workshop featuring Celeste Hall (NCDA Board Trustee)
- 3) Sponsorship of 3 career-related content sessions at LCA Conference
- 4) Hosted annual Career Connections Conference which featured NCDA President, Dr. Spencer Niles
- 5) Opened up the opportunity for career practitioners who are not counselors to become regular members of LCA and LCDA

LCDA will continue to promote the career counseling community and we hope that counselors will join us by becoming involved in our association. New leadership for 2019-2020 term takes office on July 1st. The new Board will be composed of the following individuals: President: Lauren Landry; Past President: Mary Boudreaux; President Elect: Christopher Belser; Secretary: Tiffany Henderson; Treasurer: Ellen Miller; and Members-at-Large: Denise Latour and Tinicia Turner

For more information about LCDA or to contact our board members go to louisianacareerdevelopment.org.



Balancing Work & Fun

*Lauren Fontenot Landry, LCDA
Incoming President*



This summer many Louisiana Career Development Association (LCDA) members attended the National Career Development

Article continues on next column

(Division President Reports continued on page 15)

LAAOC Addictions Track 2019



Ask the Doctor: An Interview with Psychiatrist Arwen Podesta MD

PRESENTERS: Arwen Podesta, MD, ABPN, FASAM, ABIHM and Adrienne Trogen, PhD, LAC, ADS, CCS, LPC-S.

Combined 90 Minutes Session from the Louisiana Office of Behavioral Health:

Office of Behavioral Health's State of the State Address on the Opioid Epidemic

PRESENTED BY: Quinetta Rowley Womack, LPC, LAC-CCS, CCGC

Opioid Epidemic Nationally and in Louisiana

PRESENTED BY: Joseph Kanter, MD, MPH

If They Need to Win — They Need to Stop!

PRESENTED BY: Janet M. Miller LAC, CCGC, CCDP-D

Addiction – a Family Disease

PRESENTED BY: Ann H. Wilder, M.S., MBA, LPC, LAC

Claiming a Culture of Recovery: Social Justice and Counseling Implications of Including Recovery Identity as a Part of the Multicultural Mosaic.

PRESENTED BY: John Antonucci LPC, LAC, NCC, CCS

Trauma-Informed, Mindfulness-Based Yoga and Addiction Recovery

PRESENTERS: Christine Ebrahim LPC-S, NCC, with co-presenters and Loyola University counseling students Jordan Esfeld Registered Yoga Teacher (RYT) 200, Kathryn Pennings, and Annie Rooney (RYT) 200. Both Ms. Esfeld and Ms. Ronney have certification in Trauma-Informed Yoga.

For more info, see Sean Brite's article on page 8.

Division President Reports, continued from page 14

Association (NCDA) annual conference in Houston. LCDA members represented our Louisiana chapter proudly with balancing both work and fun at the conference. Multiple LCDA members volunteered, provided content sessions, networked with colleagues from around the globe and even gathered for various Louisiana sponsored leisure activities. LCDA member Anne Nowak was also present to receive the award for Exemplary Career Center: Non-Profit or Community National Award for the Career Center of the East Baton Rouge Parish Library.

Looking to the past to help guide us towards the future, LCDA continued an effort to bring in national speakers for our 2019 Career Connections Conference. This past year, NCDA President Dr. Spencer Niles guided attendees through a topic entitled, "Reclaiming Your Soul from Work: Making Choices to Honor Your Authentic Self." With record attendees for this past conference, the upcoming conference aims to continue the momentum of facilitating quality professional development for counselors and beyond.

For our 2019-20 Career Connections Conference, please mark your calendar for **January 24, 2020**, as our national speaker will be **NCDA President Elect Dr. Seth Hayden**. He will focus on the connection between mental health and career development. We think it will be helpful to counselors in various work settings. The Conference will take place in the **East Baton Rouge Parish Library**.

Also, look for LCDA at the 2019 LCA Conference. LCDA will be providing two content sessions: "Career Competences for the Workforce: What Clients and Counselors Need to Know" and "Commemorative Successes: Exploring Creative Counselor Self-Care Strategies."

In sum, know that it is a great time to join and be a part of LCDA! Going forward in my leadership role, I look forward to strengthening our LCDA division and partnering with fellow LCA divisions. Contact us at info@louisianacareerdevelopment.org

(Division President Reports continued on page 16)



Developing the Division *John Dewell, LCSJ President*

The board of the Social Justice division of LCA is continuing our work towards social justice in the state. At the upcoming LCA conference we will be looking for some new and active members. Now is the time to get involved in the division. Our distressed cultural climate needs counselors to step up and provide opportunities for community and advocacy. If you are interested in working towards inclusion and healthier discourse please send me an e-mail (jadewell@loyno.edu). We'd love to have you on board. In peace.



Greetings LMHCA Members and LCA Colleagues!

Wendy Durant, LMHCA President

We are really looking forward to connecting at the annual LCA Conference in New Orleans this year! Please swing by LMHCA's table and visit with members of the board. We will also have a nominations box on site should you like to nominate yourself or a colleague for the role of President Elect. Please remember to list LMHCA as your primary division when you register for the conference and download the conference app if you did not order a conference booklet!

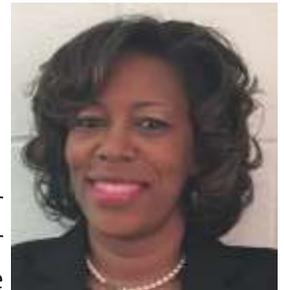
Your LMHCA leadership has been busy working behind the scenes and on the front lines advocating and updating Louisiana Counselors of legislative and policy changes impacting behavioral health in Louisiana. During early Spring 2019, LMHCA asked Louisiana counselors to join with us for another letter

writing campaign to advocate for counselor inclusion on Medicare panels. Next in May 2019, LMHCA and providers throughout the state communicated with LA elected officials to support HB 409. This bill would prevent Medicaid Managed Care Organizations (MCOs) from denying credentialing opportunities to qualified providers in behavioral health networks and facilitate greater access for Louisiana Medicaid recipients seeking mental health counseling. HB 409 passed in the House and was reported favorably in the Senate, it has since been re-committed to the Committee in Finance. Another major development in our state is significant changes to Medicaid managed care contracts beginning January 2020. Following a lengthy negotiation process, the LA Department of Health & Hospitals has selected AmeriHealth Caritas Louisiana, Community Care Health Plan of Louisiana (Healthy Blue), Humana Health Benefit Plan of Louisiana and United Healthcare Community Plan as its managed care partners (or health plans). Be sure to follow LMHCA's social media pages on Facebook and Instagram for continued updates and advocacy initiatives!



Great Expectations

*Veronica Douglas, LPC-S, NCC,
NCSC, LSCA President*



It's hard to believe summer is over and another school year is well under way. As we move forward in this new school year, we do so with anticipation and great expectations. The Louisiana School Counselor Association's goal for this year is to continue setting new goals, increase collaboration and advocacy efforts for School Counselors in ALL of Louisiana.

LSCA held its Executive Board meeting this summer in Baton Rouge. We welcomed and installed a new slate of Officers for the 2019-2020 year. Here are some LSCA Up-to-the-moment Updates:

- ✦ LSCA has confirmed Terri Tchorzynski, ASCA

(Division President Reports, continued on page 17)

Article continues on next column

2017 National School Counselor of the Year as keynote speaker for LSCA Luncheon and a pre-conference presenter

- ✦ LSCA members Dr. Wendy Rock and Tara Washington presented School Counselor Track sessions at the 2019 Teacher Leader Summit that was held June 26-28, 2019 in New Orleans, La. Some topics included School Counselor Compass Rubric. CEUs were provided for members of LCA.
- ✦ Tara Washington and Tristen Bergholtz earned Recognized ASCA Model Program (RAMP) Award for their school (Woodlawn Middle School, Baton Rouge, La.) and were honored in Boston, Ma. at the American School Counselor Association Awards Banquet. Woodlawn Middle School is the second LA school to earn RAMP recognition.
- ✦ Tara Washington represented LSCA for a scheduled meeting with First Lady Donna Edwards and presented to the Children's Cabinet. The Children's Cabinet serves as the governing body for the State of Louisiana responsible for coordinating funding and programmatic services at the state and local level, related to children and their families.
- ✦ Danielle Cole represented LSCA and was one of four School Counselors and other Lafayette educators who met with Governor John Bel Edwards and First Lady Donna Edwards regarding *The need for educating the Whole Child*.
- ✦ By-Law Amendment as well as Elections and Nominations are posted in *The Cajun Counselor*. Please be sure to mail in your ballot or feel free to cast your ballot at the LSCA table during the Conference.

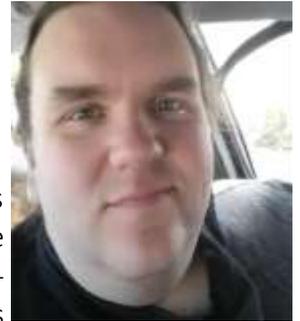
(Division President Reports, continued on page 18)

Article continues on next column



Stronger Together

*Zach Hebert, Social Media
Chair*



A few weeks ago, I was gently reminded by Diane Austin that I should remember to be proud of the results of a successful advocacy effort. While the thought had initially crossed my mind, I'd quickly quashed it, telling myself that I'd just been doing what needed to be done. Even now, as I type this, I worry that it comes across as a humble brag, and I imagine that feeling is a familiar one to a lot of you.

Our culture creates a sort of paradox when it comes to taking credit for our accomplishments, creating a razor-thin line that must be walked between pride and humility. More often than not, most of us are on the side of caution and prefer to hide our accomplishments, rather than sharing them. While there is a virtue in placing the deed before the accolades, it helps to remember that sometimes, when done well, the sharing of a success can inspire others to follow, to take their shot.

So remember this, the next time you're feeling anxious about seeming full of yourself by sharing the results of hard work. Intent matters. If we make a concerted effort to make sure that, when we toot our own horns, it's to rally and bolster others as much as share in our joy and pride, we need not fear seeming unseemly.

What have you done lately that you're proud of? Let us know at LACounselingSM@gmail.com and we'll try to highlight at least one member a month who's making a difference in the world. Together we are stronger. 

Division President Reports, continued from page 17

- ✦ LSCA next board meeting will take place Sunday, September 29th at 8:00 am during the LCA Conference.

See you at Conference!



PLCP On The Move!

Audra Tousaint, LPC, PLCP President

PLCA has been planning for conference and our end of summer event. PLCA will be hosting an end of summer bash and the beginning of a successful academic year, for those that work in the school or academic settings. Those that don't work in these areas are still welcome to join in on the pool, food and drink activities! Please reach out to PLCA for more information.

PLCA also recently partnered with Sexual Trauma Awareness & Response to present about counseling males with sexual trauma. This was a successful and much needed event! Lastly, PLCA members met with Senate and House members to discuss the future of LCA in the state's capitol! PLCA is still calling for more representation in parts of LA! If you are a PLPC, and located in a city in LA, other than New Orleans and Alexandria, please contact plcalouisiana@gmail.com. Also, for weekly updates/events, please visit plcalouisiana.org or www.facebook.com/ProvisionalLCA. We look forward to engaging with you! 

Congratulations to
TWO new Moms:
Kellie Camelford,
LACES President
and
Dr. Ariel Mitchel,
LSCA President Elect!!

Third LCA Leadership Development and Mentoring Institute Upcoming

Dr. Christine Ebrahim, LDMI Chair



The *Leadership Development and Mentoring Institute (LDMI)* connects new counseling professionals and Counselor Educators with less than 5 years of experience as well as graduate counseling students to mentors who will work together over the course of a year to collaborate on anything the mentees find valuable to their professional development.

This year, the third Institute will take place on Saturday, September 28th, which is the date of Pre-conference. Those chosen for the LDMI will be paired with a mentor during the institute and have an opportunity to work with them over the subsequent 12 months. As part of the LDMI, mentees will share what they worked on at the 2020 LCA conference in Baton Rouge!

If you have any questions about future LDMI sessions or have additional ideas to share, please contact Dr. Christine Ebrahim at cebrahim@loyno.edu. 

**LCA Member Services:
1-888-522-6362**

**LCA Website:
www.lacounseling.org**

2019 – 2020 LCA Leadership Roster*

ELECTED OFFICERS

<u>Dr. Adrienne Trogden</u> <i>President</i>	<u>Eric Odom</u> <i>President Elect</i>	<u>Dr. Reshelle Marino</u> President Elect-Elect	<u>Vinetta Frie</u> <i>Past President</i>
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AD HOC MEMBERS

<u>Diane Austin</u> <i>Executive Director</i>	<u>Austin White,</u> <i>Business Manager</i>	<u>Dr. Thomas Fonseca</u> <i>Parliamentarian/ Chaplin</i>	<u>Lisa Launey,</u> <i>Secretary</i>
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[Zach Hebert](#) PLPC Manual

LCA DIVISION PRESIDENTS

ALGBTIC-LA <u>Keri Satterfield</u>	LAAOC <u>Sean Brite</u>	LACES <u>Kellie Camelford</u>	LAMCD <u>Naomi Duggar</u>
LAMFC <u>Kendra Williams</u>	LASERVIC <u>Dr. Dustin Reed</u>	LCCA <u>Viveca Johnson</u>	LCDA <u>Lauren Landry</u>
LCSJ <u>Dr. John Dewell</u>	LMHCA <u>Wendy Durant</u>	LSCA <u>Veronica Douglas</u> <i>Ex Officio Member</i>	LACGS <u>Sarah Oldendorf,</u>

[Audra Tousaint,](#) PLCA, Provisional Licensed Counselor Association

COMMITTEE CHAIRS

ADA COMPLIANCE <u>Kimberly Lachney</u>	ARCHIVES <u>Jenny Petty</u>	AWARDS COCHAIRS <u>Chantrelle Varnado-Johnson</u> and <u>Chauntreniece Davis</u>	
By-Laws <u>Leah Rose</u>	FINANCE <u>Eric Odom</u>	GOVERNMENT RELATIONS <u>Mary Feduccia</u>	GOVERNMENT RELATIONS CO-CHAIR <u>Katie Blum</u>
LCA JOURNAL CO-EDITORS <u>Dr. Peter Emerson</u> and <u>Dr. Meredith Nelson</u>		LPC BOARD LIAISON <u>Jamie Doming</u>	MEMBERSHIP <u>Dr. Reshelle Marino</u>
MENTORING TASK FORCE <u>Dr. Christine Ebrahim</u>	Newsletter Editor <u>Vinetta Frie</u>	NOMINATIONS <u>Vinetta Frie</u>	PUBLIC RELATIONS <u>DeeDee Toney</u>
PROFESSIONAL DEVELOPMENT, CO-CHAIRS <u>Vicki Guilbeau</u> and <u>Asha Murphy</u>		Strategic Planning <u>Leah Rosa</u>	*Double click the name of the leader you wish to email



**2019 LCA
Annual
Conference
SEPT 29 —
OCT 1, 2019**

**Pre-Conference
Seminars
September 28**

**TOGETHER WE THRIVE:
REVITALIZE, REJUVENATE
AND INVIGORATE**

**Pre-Registration ENDS:
September 13, 2019**

**Perks with your
Pre-registration:**

**Free Ticket to
LCA Luncheon**

LCA Embossed Padfolio

**Register at the
LCA Website**

<https://www.lacounseling.org/lca/default.asp>



LCA 2019 Mail-In Ballot

Cast one vote by using this ballot by mail, OR in person at the Annual Fall Conference, **but not under both venues.**

FOR PRESIDENT-ELECT ...

Beginning on page 3 you will see the vision statement about LCA from the candidate.

CHOOSE 1 OF 2 WAYS TO VOTE...

Print this page of the newsletter and mark the ballot. **Mail it to Vinetta Frie, 1185 Aurora Place, Baton Rouge., LA 70806 by September 20**

OR

Vote in person at the LCA Annual Fall Conference at the Sheraton Hotel beginning September 29

Late ballots will be disqualified.

LCA President Elect-Elect
(Select ONE only)

Dr. Thomas Fonseca

Write In Candidate (MUST be a current LCA Member):

E-mail address:





Memorials and Honorariums

Submitted by Diane Austin, LCA Executive Director

LCA continues to offer the opportunity to memorialize or honor current or prior LCA members. Lucy Rogers made the first donation to the LCA Foundation in honor of Dr. Gloria Bockrath recently.

Divisions or individuals are welcome to establish such recognition for a counselor of their choice. Please contact Diane Austin, LCA Executive Director for details via lca_austin@bellsouth.net.

* Image from <http://habitatcatavbavalley.org/support/donate/honorariums-memorials>

Louisiana Lagniappe

The *Louisiana Lagniappe* is the quarterly newsletter of the Louisiana Counseling Association, LCA. LCA is the state branch of the American Counseling Association, ACA. LCA includes 2,300+ members, 11 Divisions, and 1 Affiliate. LCA unites professional counselors from diverse work settings into a single statewide organization. LCA works to promote advocacy, collaboration, and networking among its membership for the good of Louisiana's multi-generational clients.

NEWSLETTER CORRECTION

Please contact Vinetta Frie, Editor via frienews@yahoo.com. Please use *Lagniappe Error* in the subject line to report an error.

LAGNIAPPE TEAM

Your newsletter is the result of the following team: Vinetta Frie, Editor; Diane Austin and Lisa Launey, Contributing Editors; Dr. Christine Ebrahim & Vicki Guilbeau, Proofreaders; Jenny Petty, Photographer and Archives Co-Chair.

SUBMISSIONS

Send all submissions to newsletter editor, Vinetta Frie via her e-mail address: frienews@yahoo.com. To assure a speedy response, please include the words: *Lagniappe Article*, in the subject line. Electronic submission of photographs via e-mail as a .jpeg or .png file *is preferred*. Submission of hard copy photos or on disk or flash drives become the property of the newsletter.

NEWSLETTER 2019-2020
NEXT SUBMISSION DEADLINE:
October 11, 2019

With Heartfelt Thoughts and Prayers

 Nikoyla Spears, past Archives Co-Chair, is still recuperating after a series of surgeries. She asked that you remember her.

 Kim Brum, an active member of LCA for many years, who was also president of LCDA died in January 2019.

 William Rosenbaum's son notified us of his passing earlier this year. Please remember him and his family.

 Sr. Keri Burke died from cancer Easter Sunday.

We need your help to acknowledge any member's serious illness, grieving, or recent death. Please share the information with either [Diane Austin](mailto:Diane.Austin@lca.org) or me [Vinetta Frie](mailto:Vinetta.Frie@lca.org). Thank you, in advance.